



Holy Spirit Catholic Parish

(Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College)
93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
www.holyspiritgungahlin.org.au

24 – 25 October 2026

Thirtieth Sunday in Ordinary Time | Year A

PARISH CLERGY

Parish Administrator: Fr. Lolesio Gisa

Deacon: Rev. Joe Blackwell

PARISH OFFICE & PRESBYTERY

Office Hours: Tuesday to Friday, 9:00 AM – 1:00 PM

P: 02 6242 9622



Holy Spirit Amaroo

WEEKEND MASS

Sat: 5:00pm Mass

Sunday

8:00am Mass

9:30am Mass

5:00pm Mass

RECONCILIATION

Sat: 4:15pm to 5:00pm

Sun: 9:00am to 9:30am

WEEKDAY MASS

Tue to Thu: 9:15am Mass

Friday: 7:00am Mass

HOLY HOUR & RECONCILIATION

Wednesday: 6:00pm

(Companion treat - Last
Wednesday of each month)

HOLY ROSARY

Everyday: 7:00pm

BIBLE STUDY

Monday: 7:30pm

Tuesday: 6:30pm (online)



St Francis Xavier Hall

Saturday: 5:00pm Mass

Love Beyond Words (Matthew 22: 34 - 40)

Jesus said, "Love the Lord your God with all your passion and prayer and intelligence. This is the most important, the first on any list. But there is a second to set alongside it: Love others as well as you love yourself. These two commands are pegs; everything in God's Law and the Prophets hangs on them." (Matthew 22: 37 - 40) Jesus gives us a message that sounds simple but can completely change the way we live: "Love your neighbour as yourself." But love is not always easy, especially when life gets busy, relationships become strained and patience runs thin. It is easy to love those who agree with us, support us and make life comfortable. The real challenge comes when we are called to love someone who thinks differently, has hurt us or simply needs more of our time than we are willing to give. Jesus is not asking us to love only when it suits us. The invitation is to love generously, courageously and without keeping score.

For families and parish communities, this Gospel is a powerful wake up call. Love is not measured by how often we attend Mass, how many prayers we say or how strongly we speak about our faith. It is revealed in how we treat one another at home, how we welcome strangers, how we respond to people doing it tough and whether we have the courage to stand beside those who feel forgotten or excluded. Sometimes the greatest act of love is simply listening without judging, forgiving without holding a grudge or making room for someone who feels they don't belong. Jesus reminds us that faith cannot remain inside the walls of our churches or the comfort of our homes. It must spill into our streets, workplaces, schools and communities. Imagine the difference we could make if every family and every parish became known not simply for what they believe, but for the extraordinary way they love. The challenge is clear. Are we simply talking about God's love, or are we making sure others actually experience it through us?

Questions for Reflection

- Who are the people in our family, parish or wider community who might be missing out on the love, attention and kindness they deserve?
- When relationships become difficult or opinions clash, how can we choose understanding and compassion rather than judgement or frustration?
- If someone looked at the way we live, speak and treat others throughout the week, would they recognise the love of Jesus in our actions?

Action Response

This week, take love beyond words and turn it into something real. Reach out to someone you have lost touch with, make time for a family member who needs your attention, welcome someone new or stand beside a person who feels alone. Don't wait for the perfect moment or a special occasion. Make love visible in the ordinary moments of everyday life. Because the strongest witness to our faith is not simply what we believe, but how we choose to love.

Sourced from www.gpbs.com.au

Feast of All Souls, Monday 2 November 2026

Mass will be celebrated at 6:30 pm.

You are invited to bring photographs of deceased loved ones to be remembered in prayer as we commend them to God's loving mercy.

Acknowledgement of Country

We acknowledge the Traditional Custodians who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

Parish News & Events

* **October – Month of the Holy Rosary**

The daily recitation of the Holy Rosary continues throughout October at 7:00pm on Weekdays and after 5:00pm mass on Weekends in the Church.

* **Seniors morning Tea** – Thursday, 29 October 2026 after 9.15am Mass at the Parish Centre

* **Parish Games Night: Saturday 14 November 6.15pm Onwards** – Please refer flyer or [click here](#) to register. The closing date for registrations is Sunday 08 November. We look forward to seeing you for a fun-filled evening of games and fellowship

* **The Feast of Christ the King | Eucharistic Procession:** Sunday 22 November 2026 is the Solemnity of our Lord Jesus Christ as the King of the Universe. To celebrate this feast, we invite you to Join with a Eucharistic Procession following the 9:30 am Mass.

Invitation- Dedication of JPC Reception Area to Fr. Troy Bobbin

St John Paul II College is dedicating its foyer to Fr Troy in recognition of his kindness, generosity and support for the school.

A small ceremony will be held on the Feast of All Souls, **Monday 2 November 2026, at 10:30 am**, followed by morning tea. The college has warmly extended an invitation to the parish family to join this special occasion.

As spaces are limited and catering arrangements need to be finalised, please RSVP in advance if you wish to attend.

Email: jpc.events@cg.catholic.edu.au

RSVP by: **Monday 26 October 2026**

All parishioners are warmly invited to attend as we honour and remember Fr Troy and his valued contribution to the school community.

2026 National Church Life Survey

The 2026 National Church Life Survey is beginning! Every five years, the survey gathers valuable insights into the spiritual life of Australians and the life, health and impact of churches across the nation. Our parish is invited to participate in this nationwide survey, which helps us better understand our church community and strengthen our mission for the future. Parishioners are encouraged to take part. You can collect a survey form from the church foyer or complete the survey online using the link below.

<https://mysurveys.ncls.org.au/start/attender>

Church Code: **TAC02701**

Your participation and feedback are greatly appreciated.

HELP NEEDED!

We have a leak in the roof of the presbytery and have contacted several roofers to come and inspect and rectify, however, NONE actually confirm any arrangements, OR TURN UP. If you know of anyone that could attend to this matter, please contact Tony Rose at the parish office. The leak is in one of the bedrooms, so we need to get it fixed as soon as possible before we repair the bedroom ceiling.

Please keep the following individuals in prayer.



For those who are sick

Pina McGuinness
Sharon Soon
Carmen Azzopardi
Maryann Reginaldo
Boy De Leon
Rey Gutierrez
Sammy McDermott
Ben Lee
Daria, Vera
Vesna Market
Charlotte Amy D'Cruze
Catherine Ross

Recently Deceased

Peter Luong Van Le

Death Anniversaries

Mary Roshanah Liddy
Oscar Melhado Montes
Pearl Cavallaro
Gabriela Dougoud
Ernesto Felipe de Mello
Marcelo Arguelles
Patrick & Marie
Don Rose
Irene de Garcia
Nathaniel Garcia
Mireille Motet
Baby Amaira Garcia
Sylvester Ezeani

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

Prayer Requests



Freecall: 1800 257 296
catholicmission.org.au/united

Thank you for your generous support of the Church in Malawi and the communities it serves.

Because of your kindness, children like Yamikani* will have greater access to education, nourishment, and the opportunity to build a hopeful future.

And if you chose to become a Mission Partner with a monthly gift – thank you so much for your ongoing commitment.

To learn more about the work of Catholic Mission in Malawi and around the world, please visit catholicmission.org.au/our-work.

Thank you again for your compassion, and please keep this impactful work in your prayers.

*Name changed for privacy

Entrance Antiphon Psalm 104:3-4

Let the hearts that seek the Lord rejoice; turn to the Lord and his strength; constantly seek his face.

First Reading (Exodus 22:20-26)

A reading from the book of Exodus. The Lord said to Moses, 'Tell the sons of Israel this, "You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans.

"If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

"If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity."

Responsorial Psalm (Ps 17:2-4. 47. 51. R. v.2)

(R.) I love you, Lord, my strength.

1. I love you, Lord, my strength, my rock, my fortress, my saviour. My God is the rock where I take refuge; my shield, my mighty help, my stronghold. The Lord is worthy of all praise: when I call I am saved from my foes. **(R.)**
2. Long life to the Lord, my rock! Praised be the God who saves me. He has given great victories to his king and shown his love for his anointed. **(R.)**

Second Reading (1 Thessalonians 1:5-10)

A reading from the first letter of St Paul to the Thessalonians. You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread – and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

Gospel Acclamation (John 14:23)

Alleluia, alleluia! All who love me will keep my words, and my Father will love them and we will come to them. Alleluia!

Gospel (Matthew 22:34-40)

A reading from the holy Gospel according to Matthew. When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: you must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.'

Communion Antiphon (Psalm 19:6)

We will ring out our joy at your saving help and exult in the name of our God.

Source: Liturgy Help © 2026

Catholic Voice Christmas Cover Competition

Kids Corner



We're inviting Catholic school students across the Archdiocese to enter the Catholic Voice Christmas Cover Art Competition.

This year's theme is "Everyone is Invited", exploring how the birth of Jesus brings people together.

Encourage your students to get creative. The winning artwork will feature on our December Christmas cover.

Scan the QR code for full details and how to enter. Entries close 16 November.



For more information please contact: catholic.voice@cg.org.au or visit <https://cgcatholic.org.au/catholic-voice/christmas-cover-art-competition-2026/>



YOU ARE INVITED TO THE OPENING AND BLESSING OF

The Fr Troy Bobbin Reception at St John Paul II College

MONDAY 2 NOVEMBER, 2026 AT 10:30AM
1021 GUNGAHLIN DRIVE, NICHOLLS

RSVP JPC.events@cg.catholic.edu.au by Monday 26 October 2026



BOOK NOW !

Gather a few friends or let us place you on a table with other.

Book your tickets now via QR Code or this [link online](#)



Please contact the parish office if you have questions.

HELP US WITH OUR UPCOMING GAMES NIGHT

We are seeking donations for our prizes for adults and children. Please bring these along to Mass or you can drop them off at the parish office.

We are happy to receive any of the following:

- Wines
- Boxed Chocolates
- Gift Vouchers
- Small Toys or Games
- Colouring Pencils/Crayons and Colouring Books
- Pre-packed gift hampers (non-perishable)
- Cash donations for us to purchase prizes



We also need volunteers to help us run a few things, set up the school hall for the night and pack up. If you would like to be involved, please contact the parish office.



SOLEMNITY OF **CHRIST** **THE KING**

EUCCHARISTIC PROCESSION

22 November 2026

Following the 9:30am Mass

'When the Son of Man comes in his glory, escorted by all the angels,
then he will take his seat on his throne of glory'.

(Matthew 25:32)

@guinnessandgod.cg
youth@cg.org.au

Oktoberfest



Social



Trivia, Games, & Entertainment

Bring Anyone

18-30yrs

131 City Walk, ACT

King O'Malleys

6:30pm - 9pm

Oct 28





World Youth Day 2027 SEOUL

EXPRESSION OF INTEREST FROM ARCHDIOCESAN YOUNG ADULTS

"Take courage, I have conquered the world"

JOHN 16:33

*ENCOUNTER CHRIST. DEEPEN YOUR FAITH.
EXPERIENCE THE UNIVERSAL CHURCH AND BRING THAT
EXPERIENCE HOME TO YOUR PARISH COMMUNITY.*

Young adults aged 19 - 35 connected with our parishes are warmly invited to express their interest in joining the World Youth Day 2027 pilgrimage to Seoul from 29 July - 14 August 2027.

Expression of
Interest
WYD 2027 Form
QR Code



Catholic Archdiocese of
Canberra & Goulburn



CATHOLIC
ARCHDIOCESE OF CANBERRA & GOULBURN
EDUCATION
LIMITED

Community Notices

- **28 October | October Veritas Lecture | Brick by brick. Enabling valued participation for autistic people through increasing the accessibility of environments. | 05:30 pm**
This lecture will examine the everyday challenges autistic people face due to social stigma and inaccessible environments and systems, consider ways that allied health and social care providers, educators, medical professionals, and others can consider small and big ways to increase valued participation for autistic people through ameliorating inaccessible environments.
- **30 October | Women in Leadership - Are We in a Change of Era? | 06:00 pm**
All welcome! The 2026 Archdiocesan Women's Taskforce Annual event is Friday 30 October 2026, from 6.00 pm at the Canberra Southern Cross Club in Woden. Guest speaker, Ms Philomena ('Phil') Billington, an experienced educator, leader, and facilitator will share her experience of serving in five dioceses and four states in Australia, in both rural and urban settings.
To register for this event please go to <https://events.humanitix.com/2026-annual-dinner>
More information contact 0405 440 463.
- **31 October | Mothers Prayers National Day of Prayer | 10:30 am**
All women, mothers and spiritual mothers are warmly invited to the Mothers Prayers National Day of Prayer on Saturday 31 October at St Benedict's Parish, Narrabundah. We will gather for 10:30am Mass, followed by Mothers Prayers, praying together for our children, grandchildren, families and the children of the world. A shared lunch will follow from 12–2pm – please bring a plate to share. Whether you are a mother, grandmother, godmother, aunt, or someone who carries children and families in your heart, you are very welcome. Come and join us in prayer, friendship and hope as we entrust our children to the loving care of Jesus. Info: Anne australia@mothersprayers.org.
- **1 November | Marian Procession with Return Bus from CBR | 08:00 am**
Join us for Mass at 11:30 am at Our Lady of Mercy Maronite Monastery Chapel, followed by a Marian Procession to St Saviour's Anglican Cathedral and St Peter and Paul's Old Cathedral grounds.
Return bus from Canberra: \$50. Bring an outdoor chair, walking shoes and weather-appropriate clothing. Seats are non-refundable but transferable. All welcome.
Register: <https://www.trybooking.com/au/event/1667499>
Enquiries: Trip Organiser, 0472 672 553.
- **1 November | 50th Anniversary of the establishment of St Michael's Parish celebrations | 10:00 am**
Come and celebrate the 50th Anniversary of the establishment of St Michael's Parish on Sunday the 1st of November 2026. We will celebrate Mass at 10am at St Michael's, Kaleen followed by a lunch in the School Hall. Lunch will be provided. We would love to see you there to share your memories and catch up. No RSVP required. Just be there. Enquiries can be sent to belconnennorth@cg.org.au.
- **1 November | Marian Procession | 10:00 am**
The Marian Procession is an ecumenical event hosted by the Goulburn Parish of Sts Mary Queen of Apostles, from the Old Cathedral of Sts Peter and Paul's. This year it will process on All Saints Day, Sunday the 1st of November. Save the date!
- **18 November | Exploring the Horizons of a Pope Leo Church | 07:30 pm**
Fr Tony Banks OSA (Augustinian Provincial, Australasia, someone who knows Pope Leo well) and Dr Anne Benjamin (Hon Prof at ACU, co-author "Leadership after the Synod")....will explore key focal points of the Leo pontificate – one that will build the church for the next generation.
What skills, strategies and attributes will be needed by both ordained and non-ordained, in a church where the laity has a greater role in shared leadership, decision-making and accountability? Venue: Marist Canberra

Samoan Mass at St Matthew's Church, Page

Everyone is invited to join Samoan Mass at St Matthew's Church, Page. The Mass commences at 12.30PM on the 4th Sunday of the Month.

WE NEED YOUR FINANCIAL SUPPORT

First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. EFTPOS machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, insurance, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. EFTPOS machines or Qkr!



CONNECT WITH US

Parish Administrator: Fr Lolesio Gisa
E: lolesio.gisa@cg.org.au

Deacon: Joe Blackwell
E: joe.blackwell@cg.org.au

Parish Office and Presbytery
93 Burdekin Ave, Amaroo P: 6242 9622
Website: www.holyspiritgungahlin.org.au

Office Manager: Surani Samaraweera
E: gungahlin.officemanager@cg.org.au

Parish Secretary: Jovina John Britto
E: gungahlin@cg.org.au

Office Support: Chris Konik-Rose
E: gungahlin.sacraments@cg.org.au

Finance Officer/Planned Giving: Tony Rose
E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): John Mikita
E: mikitajgm@gmail.com

Download our parish app: Pocket Parish from App Store or Google Play or sign up for our newsletter here.

Parish Groups - Contacts & Parish Office Use

Monday

- **Craft Group:** 1:00pm | Contact: Beth Forshaw
- **Bible Study:** 7:00pm | Contact: Jim Corrigan

Tuesday

- **Music Practice-Stella Maris Choir:** 7:00pm
Contact: Ernessa Ignacio

Wednesday

- **RCIA:** 7:00pm | Contact: Victoria Ikutegbe
E: vickylouis@yahoo.com P: 0452552514
- **Holy Spirit Prayer Group:** 7:00pm in the Church.
Contact: Kathy Torcasio P: 0401 920 028

Friday

- **Legion of Mary:** 7:00pm Marie Lazaro P: 0415 302 319

Sunday

- **Focolare Families Group:** 10:45am – Every second Sunday
Anna P: 0416 668 985 E: focolareamaroo@gmail.com

Other Parish Groups:

- **St Vincent de Paul:** Margie Vest (President) P: 0401 527 088
- **Call to Connect:** Maureen Hilton P: 0431 123 465
- **Couples for Christ (CFC):** Kotch Velasquez P: 0405 359 421
- **Social Justice Group:** Peter Peterson
E: socialjustice.hsp@gmail.com
- **Community Garden Group:** Theivani Evers
E: amaroocommunitygardens@gmail.com

PARISH SAFEGUARDING COMMITMENT

Holy Spirit Parish is committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the center of all our thinking and action.

Parish Safeguarding Officers: Susan Pradeep and Louise Johnson.
Email: gungahlin.safeguarding@cg.org.au

Parish Safeguarding: Complaints, Concerns and Feedback

Parishioners are encouraged to use the online complaints and concern form to raise any complaints and concerns or to provide feedback regarding parish safeguarding matters.

All submissions are treated with confidentiality and are referred directly to the Manager, Professional Standards and Safeguarding for review and follow up in accordance with the Archdiocesan policies and procedures.

To access the form please click the link – [Complaint / Concern Form for Parishes](#) or scan the QR code

Complaint / Concern Form for Parishes

