



# Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT  
Supporting and supported by Holy Spirit, Good Shepherd,  
Mother Teresa Primary Schools and St John Paul II College

13-14 September 2025

The Exaltation of the Holy Cross | Year C



## Holy Spirit Amaroo

### Monday

Office closed

7:00pm Christian Meditation

### Tuesday

9:15am Mass

### Wednesday

8:20am John Paul II College

9:15am Mass

NO Holy Hour this week

### Thursday

9:15am Mass

### Friday

7:00am Mass

### Saturday

4:15pm Reconciliation

5:00pm Mass

### Sunday

8:00am Mass

9:00am Reconciliation

9:30am Mass

5:00pm Mass

## Signs of Hope in Our Homes

Jesus points us to a love that is greater than anything we can imagine – a love that heals, restores, and lifts us up. For the people of Israel in the desert, looking up to the bronze serpent became a moment of hope and survival. For us today, looking up to Christ on the cross reminds us that God meets us in our struggles and offers us a way forward.

In our families, in our parishes, and in our busy, sometimes messy lives, we are called to be signs of that same hope. Whether it's the way we forgive, the way we encounter one another, or the way we gather at Mass, we can help each other see Christ more clearly.

Faith isn't just about the next life – Jesus reminds us that eternal life begins now. Every time we choose kindness over resentment, patience over frustration, or generosity over self-interest, we lift up Christ in our homes and communities. And in doing so, we help our children, friends, and neighbours discover the God who brings life in abundance.

## Questions for Reflection

- Where in my family or community do I need to “lift my eyes” to Christ for healing and strength?
- How can I make my home or parish a place where hope, forgiveness, and encouragement are lifted up and shared?
- What practical steps can I take this week to help others – especially the young – experience God's love more tangibly?
- 

## Action Response

This week, be intentional about “lifting up” Christ in your daily life. Choose one concrete action – a word of encouragement, an act of forgiveness, or a moment of prayer as a family – that points others to God's love. When we live with faith in shall, everyday ways, we make Christ visible and share in the eternal life he promises.

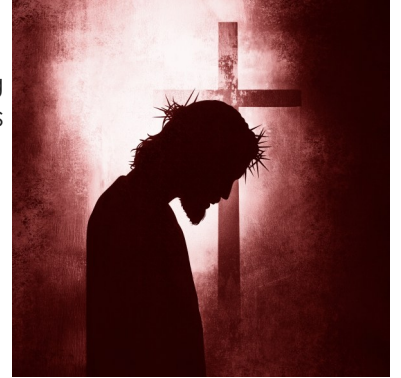
## Kids' Corner

*With their patience worn out by the journey, the people complained against God and Moses. (Num. 21: 4 - 5)*

God gave Moses a big task. Moses was to lead people through the desert for forty years. Deserts are hot and dry. It is hard to find food there. I would have been cranky and hard to get along with. I would probably have misunderstood what God wanted from me. But Moses reminded everyone that God is good. God had huge plans for God's people; they just had very little trust in God.

Trusting God can be hard for anybody. But we need to remember that God has huge plans for us too! Trust in Jesus and he will show you the way.

Jesus, I trust you always. [www.gpbs.com.au](http://www.gpbs.com.au)



## St Francis Xavier Hall

Saturdays 5:00pm

# Parish News and Events

- \* **No Holy Hour on Wednesday 17 September.**
- \* **Youth Group for High Schoolers 6:00pm—8:00pm**  
14 September, 28 September
- \* **Young Adults Youth Group 18-35 years 6:00pm—8:00pm**  
21 September

## Lids for Kids comes to Holy Spirit Church

This weekend after the 9.30am Mass, **Lids for Kids** will display items they make from the bottle top lids collected from the community across the ACT and from our contributions received on **Sustainability Sunday** – the last weekend of the month. Come and say hello and hear about their wonderful work and their commitment to keeping as much as possible out of landfill.



## Creation reflects its Creator



### We are now in the third week of the Season of Creation.

According to the book of Genesis God created the Earth and everything on it and "God saw that it was good". The beauty of Creation reflects its Creator. Just this year I had a personal experience that reminded me just how beautiful Creation is. For many months I could hardly see because of cataracts on my eyes. Everything was blurry. Then I got lucky and the timing of an operation to remove the cataracts occurred earlier than I expected. I can't adequately explain what a difference this made. Any of you who have been through this yourselves will understand, but it's a bit like you are seeing things for the first time. The sky is so blue, the clouds so white, the trees so green. Sometimes I think we can take the beauty of Creation for granted. This experience opened my eyes again to just how lovely it is.

During the Season of Creation, we have an opportunity to stop and reflect on the beauty of everything God has made. We can pray with our fellow Christians across the world to thank God for the world given to us, the land, the oceans, the creatures, the plants, our fellow human beings. There is a lot to be thankful for. Of course, God's gift comes with some obligations. As noted in Genesis, we are all called to be caretakers of the world God has given us. Pope Leo's quote from *Laudato Si'* in his message for the Feast of Creation 2025 is a timely reminder of our responsibility. He reminds us that we must all live our vocation to be protectors of God's handiwork.

*Mark Carter*

*HSP Social Justice Group*

Please keep the following individuals in prayer.....



### For those who are sick

Elisabeth Faith O'Connell  
Kwang Hui Lim  
Adriano Cesar Junior  
Maria Teresa Meireles  
Theresa and Joseph Tan  
Paul Johnston  
Mark Bush  
Vesna Ljubičić  
Alonso  
Sharni Laffan  
Marc Darlington  
Nancy Phillips  
Ashley  
Ana Al-Adhami  
Linda Dwyer  
Wigglesworth Family  
Jeffrey Gonzalez  
Mary Gardner  
Marie Lincoln

Wongduean Sawasditas

Nook Sawasditas  
Daranee Teaphong  
Judeth Barrett  
Mark and Debbie  
Dee Pennay  
Tom Nunan  
Tim Mulcahy  
Tatiata Tarazona  
Adrian Mainwaring  
Waine Summerfield  
Alfred  
Carol DeCruz  
David Campbell  
Brett Worth  
Norberto Arqueza  
Loretta Vandort  
Manjula Perera  
Melville Norris  
Marc Bainbridge  
Andre Swanepoel  
Baby Langakali  
Miriam Clancy  
Alan Demascus  
Nell Davis  
Jones Velasco  
Carmel Blake  
Danilo Mallari  
Phil Sobraty  
Patricia Lebou  
Jocelyne Sing

### Anniversaries

John Bicket  
Magdalena Alcalá  
Rosina Cortese  
Saman Perera  
Caterina Madaffari  
Dinko Maricic  
Frank Homby

### Recently Deceased

Ofelia  
Concepcion Libunao

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

[Prayer Requests](#)

## Readings for The Exaltation of the Holy Cross

### Entrance Antiphon | Cf Galatians 6:14

We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

### First Reading | Numbers 21:4-9

On the way through the wilderness, the Israelites lost patience. They spoke against God and against Moses, 'Why did you bring us out of Egypt to die in this wilderness? For there is neither bread nor water here; we are sick of this unsatisfying food.'

At this God sent fiery serpents among the people; their bite brought death to many in Israel. The people came and said to Moses, 'We have sinned by speaking against the Lord and against you. Intercede for us with the Lord to save us from these serpents.' Moses interceded for the people, and the Lord answered him, 'Make a fiery serpent and put it on a standard. If anyone is bitten and looks at it, he shall live.' So Moses fashioned a bronze serpent which he put on a standard, and if anyone was bitten by a serpent, he looked at the bronze serpent and lived.

### Responsorial Psalm | Ps 77:1-2. 34-38. R. v.7

(R.) Do not forget the works of the Lord!

1. Give heed, my people, to my teaching; turn your ear to the words of my mouth. I will open my mouth in a parable and reveal hidden lessons of the past. (R.)
2. When he slew them then they would seek him, return and seek him in earnest. They would remember that God was their rock, God the Most High their redeemer. (R.)
3. But the words they spoke were mere flattery; they lied to him with their lips. For their hearts were not truly with him; they were not faithful to his covenant. (R.)
4. Yet he who is full of compassion forgave their sin and spared them. So often he held back his anger when he might have stirred up his rage. (R.)

### Second Reading | Philippians 2:6-11

The state of Jesus was divine, yet he did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are; and being as all men are, he was humbler yet, even to accepting death, death on a cross.

But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

### Gospel Acclamation

Alleluia, alleluia! We adore you, O Christ, and we praise you, because by your cross you have redeemed the world. Alleluia!

### Gospel | John 3:13-17

Jesus said to Nicodemus:

'No one has gone up to heaven except the one who came down from heaven, the Son of Man who is in heaven; and the Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him.

Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost

but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.'

### Communion Antiphon | John 12:32

When I am lifted up from the earth, I will draw everyone to myself, says the Lord.

Source: Liturgy Help © 2024



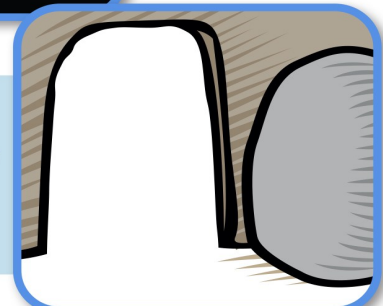
God sent his only \_ \_ \_ to save us.

Jesus taught many people about God. (draw Jesus)



Jesus was sentenced to death and nailed to a \_ \_ \_ \_ \_.

Jesus died but rose again (draw the risen Jesus)





## Parish Evangelisation Vision 2026-2029

# Join the Evangelisation Ministry

Everyone is invited.  
Everyone is welcome.



Whether you have time, skills, energy, or passion, we'd love you to be part of this Evangelisation Ministry. Scan the QR code or email the Parish office at [office@holyspiritgungahlin.org.au](mailto:office@holyspiritgungahlin.org.au) to register your interest and to find out how to get involved.

[holyspiritgungahlin.org.au/vision](https://holyspiritgungahlin.org.au/vision)

*Walking together in God's Love*

# Community Notices

- \* **20 September | Magnificat Voices of Springtime | 1:00pm – 4:00pm**  
Chambers Pavilion, Australian Centre for Christianity and Culture, 15 Blackall St, Barton ACT 2600.  
Guest presenter Michael Green is a Marist brother with an interest in the Church's ongoing renewal and recontextualising. Jeni Miller is passionate about empowering people to protect God's beautiful creation. A time of shared ecumenical, spiritual conversations and prayer fuelled by Magnificat wisdom. Why don't you join us? Registration fee \$20 [brendanbergin@mcc.act.edu.au](mailto:brendanbergin@mcc.act.edu.au)
- \* **24 September | The Science of Caring | 5:30pm**  
Join **Dr Katie Tunks Leach** as she explores how caring, when grounded in both art and science, can transform healthcare. Drawing on her personal and professional journey, Dr Tunks Leach shows why caring should be critically examined and cultivated as a scientific discipline. Attend in person or via Teams link here: [Join the meeting now](#)
- \* **27 September | 2025 Canberra Catholic Ball | 7:00pm**  
Step back into the Golden Age of Hollywood at this year's Catholic Ball! Young adults (18-35) are invited to dazzle us with the glitter and gleam of old. It will be held at The Marion on Saturday September the 27th, at 7pm. Expect drinks, canapes, music, dancing and laughter with friends old and new. Please see Facebook for more information on tickets soon.
- \* **4 October | Songs of Open Country - choral concert | 6:00pm**  
Canberra Choral Society (CCS) welcomes Spring with Songs of Open Country, to be presented in Wesley Uniting Church, Forrest on Saturday 4 October at 6 pm. This specially curated concert, under the direction of Dan Walker, CCS Music Director, with Dr Anthony Smith on piano, features beautiful choral music that evokes a sense of place, tells stories of vast landscapes, and celebrates the celestial forces that shape them. An uplifting and moving musical evening.
- \* **19 October | 90<sup>th</sup> Anniversary of St. Patrick's Church, Braddon**  
St. Patrick's Church Braddon, the first Catholic Church on the North side of Canberra, was dedicated on 20th October 1935. This year marks the 90th anniversary of its consecration. The Mass will be celebrated by Archbishop Prowse at 8am followed by refreshments. Contact Ray Toohey 0411182545 or Mary Boyle, [maryeboyle8@gmail.com](mailto:maryeboyle8@gmail.com)
- \* **26 October | Marian Procession 2025** Join us on **Sunday 26 October 2025 in Goulburn**, for the annual Marian Procession.
- \* **26 October | Bus trip to Goulburn for the Annual Marian Procession | 8:00am**  
Our Lady of the Annunciation Parish warmly invites you to join us on a day trip by bus from Waramanga to Goulburn for the Annual Marian Procession. For details about the day's events, please visit the Goulburn Mission website: [www.mqagoulburn.com.au](http://www.mqagoulburn.com.au). Cost is \$47pp. To reserve seats early, you may register via the Qkr! App under "Our Lady of the Annunciation Parish." Alternatively, you may register or enquire by emailing the parish office: [westoncreek@cg.org.au](mailto:westoncreek@cg.org.au).
- \* **Synodal Formation Series**  
We are hosting a three-part Synodal Formation Series - starting next Thursday the 18th September. A flyer is attached if you wanted to print and have available in your parish.

Details for the Bulletin below:

**What:** A three part Synodal Formation Series that explores synodality, evangelisation and charisms through an input from Archbishop Christopher, a panel of practitioners and a Conversation in the Spirit.

**When:** 18th Sept (5:30pm – 8:30pm)

**Where:** Haydon Hall, Manuka + Online Recording

**Register:** [www.cgevangelisation.org.au/events/series](http://www.cgevangelisation.org.au/events/series)



## Mother Teresa ELC

6241 3211

40 Wimmera St  
Harrison



**LIMITED SPOTS FOR 2026**  
**STILL AVAILABLE!!**

## MOTHER TERESA EARLY LEARNING CENTRE

We are very close to closing our enrolment portal & still have a few **FULL TIME** and **END of the WEEK, Part Time** positions available.



Our Catholic preschools are unique. We offer a range of enrolment choices. You can select a 5 day fortnight, or five days a week.

You can also select either a 9-3pm day or extended hours, 8-5:30pm.

Our daily fee is eligible for CCS

You can select to attend for school terms only, or, like day care, you can enrol for 48 weeks to cover the whole year.

***Lots of choice to suit different family schedules.***



[elc.motherteresa@cg.catholic.edu.au](mailto:elc.motherteresa@cg.catholic.edu.au)



[www.motherteresa.act.edu.au/elc-enrolments](http://www.motherteresa.act.edu.au/elc-enrolments)

# Supporting Neurodiverse Children in Fiji - Branches4Change Collection Drive

Branches4Change, a grassroots Australian volunteer group, is working to establish sensory libraries for neurodiverse children at St. Thomas and St. Therese Primary Schools in Fiji. These special libraries will provide students with sensory tools and educational resources to help children focus better and feel more included in their classroom environment.



**How You Can Help:** We're collecting donations of sensory and educational items to be shipped to Fiji later this year, including:

- Lego sets and building blocks
  - Fidget toys, squishy toys, and stress balls
  - Soft blankets, cushions, and bean bags
  - Headphones and quiet music players
  - Puzzles and brain teasers
  - Coloring books, crayons, and art supplies
  - Small trampolines or balance boards
  - Kinetic sand or play dough
  - Picture books and visual story books with simple text
  - Tablets, laptops, or educational games
- Slime and stretchy toys
  - Wooden toys and shape sorters
  - Musical instruments (shakers, bells, small keyboards)
  - Sensory bottles and calm-down jars
  - Soft balls and koosh balls
  - Timer clocks and visual schedules
  - Modeling clay and craft kits
  - Sports equipment (basketballs, soccer balls, tennis balls, skipping ropes, frisbees)
  - Pop-up play tents and tunnels
  - Hula hoops and yoga mats

A collection box is now available in the parish foyer - every contribution, no matter the size, will make a meaningful difference in creating supportive learning spaces for these children. For more information about this community-led initiative, please contact [branches4change@gmail.com](mailto:branches4change@gmail.com).

Items We Are Collecting For The Sensory Library in Fiji – New and Used		
Items	Images	Examples
Learning Supplies		Story books with pictures and simplified texts, Activity and interactive books, drawing books, sketch pads, puzzles, audio books LEGO, blocks and building toys Board games and card games for learning
Creative Supplies		Play-dough and modelling clay Washable markers, crayons and paints Musical instruments Colouring books, sound making toys and devices, puppets
Sensory Tools		Weighted blankets, lap pads, beans bags, cushions, sensory mats, sensory bins Fidget toys, stress balls, light projectors, scented items, lava lamps, light up sensory items
Movement and Positioning		Wobble tools, balance cushions, therapy/exercise balls, stepping stones, resistance bands, lap desks for flexible seating, floor mats
Technology		iPads, tablets headphones simple recording devices

# Marian Procession



*a celebration  
of faith and  
unity*



## Find out more:

[goulburn@cg.org.au](mailto:goulburn@cg.org.au)

[www.mqagoulburn.com.au](http://www.mqagoulburn.com.au)



Catholic Archdiocese of  
Canberra and Goulburn

**Date: Sunday 26 October 2025**

**Location: St Peter & Paul Old Cathedral  
Goulburn Goulburn**

**10am: Morning tea and Confession**

**11am: Mass** Celebrate with Archbishop  
Christopher Prowse

**Midday: Ecumenical Rosary Procession**  
Rosary Procession commences from Old  
Cathedral to St Saviour Cathedral via St Mary  
Chapel (Maronite)

**1:30pm Youth Rally** at St Saviours Hall

**1:30pm Lunch**

**2:30pm Veneration of Relics**

**4:00pm:** End of day's events

This annual Marian Procession in the Rosary month of October in historic St Peter and Paul Old Cathedral in Goulburn is a pilgrimage event that we are honoured to host for the Archdiocese of Canberra and Goulburn, for NSW, Victoria, Queensland and all of Australia.

In this year of Hope, we like to turn to Our Blessed Mother, the patron of this Old Cathedral St Peter and Paul, for the intercessions and unyielding help.

To Our Lady, "Woman, Behold your son" (Jn 19:26),  
To St Peter, "Unto this Rock I will build my Church"  
(Matt 16:18) and to St Paul, "You have Strength for  
everything through Christ who strengthens you".  
(Phil 4:13)

Confident of this Hope, the Lord gathers us to celebrate the Sacrament of Penance and Eucharist, followed by the procession. A day when people of multicultural backgrounds are united in One Faith, One Hope and One Baptism.

- Parking available at St Brigid's car park at the side of Sts Peter and Paul's. Entry via Bourke St
- Attendees are invited to bring a picnic lunch or purchase a BBQ lunch at St Brigid's

## The Light on the Footy Field

It was a Friday night, and the local footy oval was buzzing. Families sat on the sidelines with hot chips, kids ran around with their jumper half on, and the floodlights shown down bright. In the middle of the field, Kai, a Year 9 student, was having a rough game. He'd missed a kick, missed a pass, and by halftime, he was on the bench with his head in his hands. He muttered to himself, "I'm useless. Everyone must think I'm a joke."

From the stands, his dad noticed. He walked down, crouched beside him, and said quietly, "Mate, no matter how many goals you kick or how many mistakes you make, you're my son. Nothing changes that. I love you. Just give it your best, that's all I ask."

Something in Kai shifted. He jogged back onto the field – not suddenly perfect, but lighter. He played with freedom, laughed with his teammates, and even managed a decent kick or two. He knew he was loved, no matter the scoreboard.

That moment is a glimpse of what Jesus is saying in John 3: 13 - 17. God doesn't love us because we're flawless, or because we "score goals" in life. God loves us because we are God's children. God sent Jesus not to condemn us for our dropped marks or mistakes, but to lift us up, to show us what eternal life looks like – a life where we know we're loved beyond measure.

For families, for schools, for parishes, this story is real. Kids, parents, teachers, parishioners – we all have days when we feel like we've failed, like we don't measure up. But the heart of our faith is this:

*"God so loved the world that God sent us Jesus."* That love is steady. That love heals. That love gives us the courage to get back out there, live fully, and share hope with others. [www.gpbs.com.au](http://www.gpbs.com.au)

## WE NEED YOUR FINANCIAL SUPPORT

### First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. Tap and Go machines or Qkr!

### Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. Tap and Go machines or Qkr!



## CONNECT WITH US

**Parish Priest:** Fr Troy Bobbin

E: [troy.bobbin@cg.org.au](mailto:troy.bobbin@cg.org.au)

**Assistant Priest:** Fr Eden Langlands

E: [eden.langlands@cg.org.au](mailto:eden.langlands@cg.org.au)

### Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: [www.holyspiritgungahlin.org.au](http://www.holyspiritgungahlin.org.au)

**Parish Manager:** Theivani Evers

E: [theivani@holyspiritgungahlin.org.au](mailto:theivani@holyspiritgungahlin.org.au)

P: 0472 921 518

**Parish Secretary:** Jovina John Britto

E: [office@holyspiritgungahlin.org.au](mailto:office@holyspiritgungahlin.org.au)

**Office Support:** Chris Konik-Rose

E: [officesupport@holyspiritgungahlin.org.au](mailto:officesupport@holyspiritgungahlin.org.au)

**Finance Officer/ Planned Giving:** Tony Rose

E: [gungahlin.finance@cg.org.au](mailto:gungahlin.finance@cg.org.au)

**Parish Pastoral Council (PPC):** Alison Weeks

E: [alisonmweeks@bigpond.com](mailto:alisonmweeks@bigpond.com)

## Parish Groups

**Craft Group** | Beth Forshaw

Mondays 1:00pm Parish Office

**St Vincent de Paul** | Drazen Roginic President

P: 0401 669 301 | E: [Drazen.Roginic@vinnies-cg.org.au](mailto:Drazen.Roginic@vinnies-cg.org.au)

**Call to Connect** | Maureen Hilton | M: 0431 123 465

**Holy Spirit Prayer Group** | Kathy Torcasio 0401 920 028

Wednesdays at 7:30pm in the church

**Social Justice Group** | Peter Peterson

E: [socialjustice.hsp@gmail.com](mailto:socialjustice.hsp@gmail.com)

**Legion of Mary** | Marie Lazaro 0415 302 319

**Focolare Families Group** | Anna 0416 668 985

E: [focolareamaroo@gmail.com](mailto:focolareamaroo@gmail.com)

**Youth Ministry** | E: [office@holyspiritgungahlin.org.au](mailto:office@holyspiritgungahlin.org.au)

**Care Group** | Vacant—please contact Parish Office

**Community Garden Group** | Parish Office

E: [theivani@holyspiritgungahlin.org.au](mailto:theivani@holyspiritgungahlin.org.au)

**St Francis Xavier Social Group**

Greg Farrugia 0412 299 549 [gjvita@gmail.com](mailto:gjvita@gmail.com)

Gabrielle O'Kane 0417 464 216 [okane.hall@gmail.com](mailto:okane.hall@gmail.com)

Download our parish app: [Pocket Parish from App Store](#) or [Google Play](#).