



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

3-4 February 2024

5th Sunday in Ordinary Time | Year B



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass

Wednesday

9:15am Mass
6pm Holy Hour and
Reconciliation

Thursday

9:15am Mass

Friday

7:00am Mass
12:00pm Mass

Saturday

4:30pm Reconciliation
5:00pm Mass

Sunday

8:00am Mass
9:30am Mass
5:00pm Mass

Looking for Jesus

One of Jesus' first acts in Mark's gospel is to liberate a man from a demon, as we heard last week. Next, Jesus tames a fever; and by nightfall, everyone is after him. Is this a surprise? Not to anyone who's ever suffered. If there's a miracle cure for our pain, we'd all like to have a piece of it. Jesus, for his part, doesn't seem to mind. He gets down to business and sends those diseases and demons packing.



The next day, Jesus moves on to the next town, and the same thing happens. The world is full of opportunities to encounter Job, and one village is as good as another. Job, unhappily, lives in all of them. The early success of Jesus' ministry owes itself to the rampant misery in the world and our desperate desire for an answer or a cure. For those who'd given up the hope of happiness, the coming of Jesus was a new shot at life.

For believers today, the news is just as exciting. Jesus is ready to reach into our lives and liberate us from the demons that enslave us. Jesus is the only real healer, making even death itself a king without subjects. Though our misery runs deep and happiness becomes a memory, Jesus can restore our peace. No wonder so many are still after him.

When do you go looking for Jesus?

Pray

Merciful God, we are sorry for our apathy, for our lack of action, for our ignorance, for our indifference. Forgiving God, help us to be free from the feeling of being overwhelmed, free to reflect, pray, and act in whatever way possible. Help us not to deceive ourselves but always to grow towards truth and action. Loving God, help us in our journey with you to be growing, imaginative, generous, letting-go people. Amen.

Ponder

For those who'd given up the hope of happiness, the coming of Jesus was a new shot at life. For believers today, the news is just as exciting. Alleviate some misery in the "ash heap" nearest you. Kindness, sympathy, companionship, or a word of forgiveness can go a long way to make happiness live again.

Kids' Corner

Rising very early before dawn, Jesus left and went off to a deserted place, where he prayed. (Mark 1: 35)

Do you like to pray at night, in the morning or throughout the day? Do you like to be alone when you pray, or would you rather pray with others? Everyone prays in different ways. Talk and listen to God as if you were talking with a friend, and you will feel the power of prayer working in your life, no matter how or when you choose to pray.

www.gpbs.com.au



St Francis Xavier Hall

Saturdays 5:00pm

This Weekend's Readings:

Job 7:1-4, 6-7, 1 Corinthians 9:16-19, 22-23, Mark 1:29-39

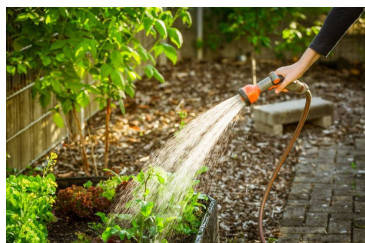
Parish News and Events



Pilgrim Virgin Statue Home Visitation Program

Will you take me to your home?

Hosted by Legion of Mary—please call Peter 0437 672 069 to make a booking.



Helpers wanted for the community garden.

Can you spare 30 mins or so a week to help with watering the garden?

Please contact Fiona: fionawilk62@gmail.com

Children's Sacramental Program 2024



Sacrament of Confirmation

For children in Year 6 and above wishing to receive the Sacrament of Confirmation in 2024. Information sessions will be held on **Tuesday 27 February** at the church.

Please select one of the following enrolment options:

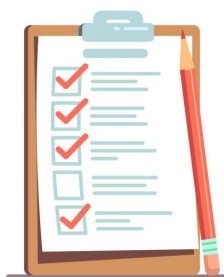
- ◆ Children attending Mother Teresa, Holy Spirit and Good Shepherd Primary schools—enrolment letters were sent to your child or enrol via Compass
- ◆ Children **NOT** attending one of the parish Catholic Primary schools and wish to enrol in the parish program: <https://forms.gle/7Yiz8p5TCp7tjanQ6>

The Sacrament of Confirmation will be celebrated the week beginning 20 May 2024

For more details please contact:

Parish Program: theivani@holyspiritgungahlin.org.au

Parish Catholic Schools: mel.unwin@cg.catholic.edu.au



Rosters!!!

Those on our regular rosters would have received an email this week to notify us about your availability. Please continue to use the online form to let us know if you can help at any particular Mass. If you are not on our rosters currently, please follow [this link](#) to tell us where you would like to help.

Please keep the following individuals in prayer.....



For those who are sick

Kathy Morris
Elisabeth Faith O'Connell
Caitlin Wigglesworth
Kwang Hui Lim
Grant
Maria Therese Cummins
Gail
Elizabeth
Adriano Cesar Junior
Maria Teresa Meireles
Theresa and Joseph Tan
Cyril Jolicoeur
Bill Honess
Tony Johnston
Jaya Raghwan
Julie Mirfan
Paul Johnston
Edwin Joseph Dsouza
Alan Kay
Sharron Davis
Michelle
Mark Bush
Julie Morgan
Tim Watson
Jim Banks
Barbara Kirk
Vesna Ljubičić
Gaudencio Montaos
Alonso
Rosalind Murphy

Anniversaries

Cung Thuy

Recently Deceased

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

[Prayer Requests](#)

Our Archdiocese's Women's Breakfast is on 7 March at the Ainslie Football Club at 7.30 am.

Celebrating women of faith, the Breakfast builds friendship and community. Listen to the inspiring ACT Local Hero, Selina Walker, a respected indigenous elder who will speak about her care for vulnerable children, her First Nations leadership experience and her faith and church perspective.

We also raise funds to support MacKillop House in Lyneham, a CatholicCare Marymead place of safety and shelter for homeless women and their children.

Register through: <https://www.cgwomen.org.au/>

Parish contacts:

Maureen Hilton at maureenhilton@gmail.com and Alison Weeks at alisonmweeks@bigpond.com



Expressions of Interest for Parish Lenten Programs:

Program 1—Wednesday mornings at the church:

Wednesdays 10:00am (first session will be on Thursday 15 February followed by Wednesdays thereafter) — Lenten group using Archdiocese of Wollongong Lenten Guided Program **Pietà**



If you would like to be a part of this Lenten group, please contact theivani@holyspiritgungahlin.org.au so that we can order the right amount of resources.

Program 2—Thursday evenings at the church:

Fr Troy would like to invite interested parishioners to watch a season of The Chosen (8 episodes) during lent. The idea is to get together, share a meal, watch two episodes and then discuss the key themes in each episode. The evening would run on Thursdays during lent from 6:00pm-9:00pm.

6:00pm – Pot luck dinner and watching one episode.

7:00pm - get a cuppa / dessert (maybe) and watch second episode

8:00pm - group discussion

9:00pm - close

Please contact theivani@holyspiritgungahlin.org.au if you are interested in joining this lenten group. Fr Troy is very excited to share this with as many parishioners as possible, so we would like to hear from you soon.

Program 3—Tuesday evenings at Joe and Irma Jambor's:

Joe and Irma Jambor would like to invite interested parishioners to join their Lenten group on Tuesdays from 7:30pm—9:30pm at their home. Their group will meet face to face or via zoom. If you are interested, please contact Joe: irmandjoe@gmail.com

Community News

Vocations Dinner at Archbishop's House.

Thursday 8 February at 6pm. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer.

To rsvp please contact vocations director Fr Emil emil.milat@cg.org.au 0414 523 036.

Bible Reading Marathon | 8-11 February 2024 | On the lawns outside Parliament House

The reading group is looking for readers to join them on Friday morning at 4am-7am. During the 4 days we will read the Bible from cover to cover, taking turns at reading (without amplification) for 15 minutes each.

For more information, see <https://c-hop.org.au/project/gather5/>

If you are interested, please contact Matthew on 0431683980, or by email: matthew.p.foster@gmail.com

February | Marriage Preparation Course

Upcoming Marriage Preparation courses for engaged couples: *FOCCUS* - Tues 13th Feb 5-9pm plus a private follow up session at CatholicCare. *Evenings for the Engaged* - Sat 10th & 17th Feb 9-3pm. *Engaged Encounter*- Sydney, Sat 24 & Sun 25. *SmartLoving* – online, 9 lessons, learn at your own pace when suits you. For more information contact marriage.preparation@cg.org.au To register go to www.marriagefamily.org.au

Enquiries: Contact Lara Kirk on lara.kirk@cg.org.au or Helena Zobec on **0405 440 463**



JOIN OUR TEAM

WE'RE HIRING!



Holy Spirit Catholic Parish, Gungahlin

Secretary/Administrative Officer
Permanent Part-time – Four days per week (23 hrs)
Tuesday to Friday – 9.00am to 3.15pm

The position of Secretary/Administration Officer at Holy Spirit Parish has become available.

This role has responsibility for a wide range of administrative and organisational activities in a busy Catholic Parish in the Gungahlin area and to ensure the smooth and effective operation of the parish office. The Secretary/Administrative Officer is often the first point of contact for people connecting with the parish and therefore is required to have an understanding of parish functions and groups, be able to answer a variety of general questions relating to parish life; be able to show compassion, understanding and patience when dealing with a wide range of people.

Applicants are required to be enthusiastic and have the ability to contribute to building community, have excellent administration skills, be able to self-manage work priorities and projects and to work effectively within a small team.

For the full job description and selection criteria, please visit our parish [website](#).

Applications

To apply please provide a covering letter which includes your response to the Selection Criteria along with your Curriculum Vitae to Fr Troy Bobbin at recruitment@holyspiritgungahlin.org.au.

For more information, contact Theivani on 0472 921 518 or 6242 9622 (Tuesday to Friday).

Application close: Friday 9 February 2024.

Readings for 5th Sunday in Ordinary Time

Entrance Antiphon | Psalm 94:6-7

O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

First Reading | Job 7:1-4. 6-7

Job began to speak:

Is not man's life on earth nothing more than
pressed service,
his time no better than hired drudgery?
Like the slave, sighing for the shade,
or the workman with no thought but his wages,
months of delusion I have assigned to me,
nothing for my own but nights of grief.
Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!'
Restlessly I fret till twilight falls.
Swifter than a weaver's shuttle my days have
passed,
and vanished, leaving no hope behind.
Remember that my life is but a breath,
and that my eyes will never again see joy.

Responsorial Psalm | Ps 146:1-6. R. v.3

(R.) Praise the Lord who heals the broken-hearted.

1. Praise the Lord for he is good;
sing to our God for he is loving:
to him our praise is due. (R.)
2. The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name. (R.)
3. Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust. (R.)

Second Reading | 1 Corinthians 9:16-19. 22-23

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

Gospel Acclamation | Matthew 8:17

Alleluia, alleluia!
He bore our sickness,
and endured our suffering.
Alleluia!

Gospel | Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

Communion Antiphon

Cf Psalm 106:8-9

Let them thank the Lord for his mercy,
his wonders for the children of men,
for he satisfies the thirsty soul,
and the hungry he fills with good things.

or

Matthew 5:5-6

Blessed are those who mourn, for they shall be consoled.
Blessed are those who hunger and thirst for righteousness,
for they shall have their fill.

Source: Liturgy Help © 2024





Are you interested in serving the Lord?

If you are in grades 4 to 8 and have received the sacrament of First Communion, we need you! Don't miss this wonderful opportunity to serve Jesus and serve your Church.

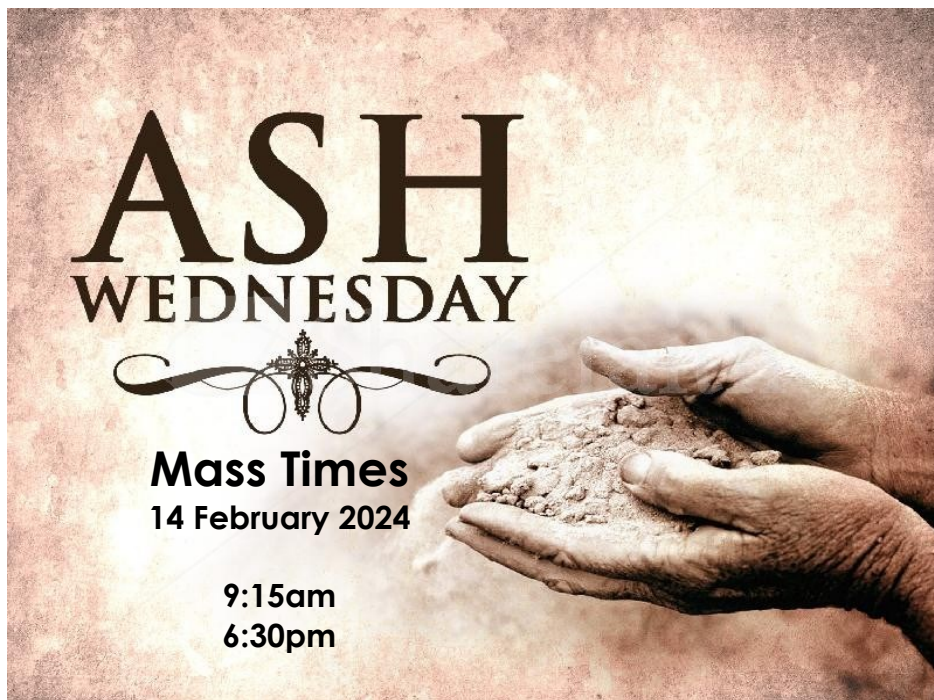
Come and find out what it's like to be an Altar Server for Holy Spirit Catholic Parish.

It will be a fun event with games, food and much more.

Sunday 18 February 2024

3pm-5pm at the Church.

RSVP by Friday 16 February for catering purposes
by calling the Parish office on 6242 9622
or email office@holyspiritgungahlin.org.au



Dear God,
If I'm wrong, correct
me. If I'm lost,
guide me.
If I start to give up,
keep me going.

WE NEED YOUR FINANCIAL SUPPORT

First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. Tap and Go machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. Tap and Go machines or Qkr!



CONNECT WITH US

Parish Priest: Fr Troy Bobbin

Assistant Priest: Fr Eden Langlands

Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: www.holyspiritgungahlin.org.au

Parish Manager: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

P: 0472 921 518

Parish Secretary: Magda Baraniecki

E: office@holyspiritgungahlin.org.au

Office Support: Anne Smart

E: officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): Sean Ryan

E: sean.ryan.cdss@gmail.com

Parish Groups

Craft Group | Beth Forshaw
Mondays 1:00pm Parish Office

St Vincent de Paul | Drazen Roginic President
P: 0401 669 301
E: Drazen.Roginic@vinnies.org.au

Call to Connect | Maureen Hilton
M: 0431 123 465

Holy Spirit Prayer Group | Kathy Torcasio 0401 920 028
Wednesdays at 7:30pm in the church

Social Justice Group | Peter Petersen
E: socialjustice.hsp@gmail.com

Legion of Mary | Grace Magbutay
E: office@holyspiritgungahlin.org.au

Youth Ministry | Matthew Allen
E: youth@holyspiritgungahlin.org.au

Young Adult Ministry | Melwyn Monteiro
E: melwyn.monteiro@cg.org.au

Care Group | Sonja Vocisano
P: 0438 699 591

Community Garden Group | Parish Office
E: theivani@holyspiritgungahlin.org.au

Download our parish app: **Pocket Parish** from App Store or Google Play.