



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

27-28 January 2024

4th Sunday in Ordinary Time | Year B



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass

Wednesday

9:15am Mass
6pm Holy Hour and
Reconciliation

Thursday

9:15am Mass

Friday

7:00am Mass
12:00pm Mass

Saturday

4:30pm Reconciliation
5:00pm Mass

Sunday

8:00am Mass
9:30am Mass
5:00pm Mass

Gospel Reflection

We've all had to put up with boring speeches or sermons from time to time, whether it be from politicians, preachers, at school speech nights or the local service or sports club. Every now and then though we come across someone who really arrests our attention. It mightn't be only that he or she puts words together well; it's often a combination of that and something in the content that strikes a chord. Maybe we are even envious of the obvious gift that person has. This is surely how Jesus came across to those people in the synagogue. This was someone quite different; they had had their share of the run-of-the-mill scribes with their tired old platitudes. Here was someone who really meant what he said and was able to back it up with fearless engagement with a power from which they shrank in ignorance and doubt.

It is not without importance that this is the first public appearance of Jesus in the Gospel of Mark. Over the next few weeks we will witness the popular acceptance of Jesus as he battles with a force that takes various forms – physical sickness, opposition from entrenched mindsets, the accusation of collusion with the enemy itself. This is the 'gospel', the good news that Jesus invites the people to accept readily by changing their lives.

The same 'gospel' is offered to us for we are dealing with a power that can change our lives, not merely a set of nice, pious sayings. Too often we reduce the gospels to that and so remain relatively unmoved by the dynamic challenge they contain.

As we know, in that society possession by 'unclean spirits' was a general term that covered all kinds of conditions for which we today have medical or social explanations and sophisticated labels. We can therefore approach these stories with a type of superiority as if they either don't occur anymore or are best left to experts to deal with. Yet isn't it true that all of us are 'possessed' in different ways by forces over which we have to admit to having little or no control? Some people are enslaved by addictions to drugs, alcohol, food, gambling and so on. Many of us suffer from more subtle addictions so that we don't even want to admit to ourselves, let alone to anyone else, that we are virtually powerless to control them. All of us know deep down that many of our habits and ways of dealing with others are so much a part of our make-up that we can do little to change them.

The people who acclaimed Jesus realised that he had something special that could influence them to change their lives. The authority and healing power of Jesus is present today in his body, the Church, through the Sacraments, but also in the love, care and compassion of every community of faith. We only have to look around us when we are gathered for the Eucharist to name it and accept it. It is when the Church is able to back up teaching and doctrine with the same concern for the troubled lives of ordinary people that it is most effective in continuing the mission of Jesus. That is why in the Gospels he is always accompanied by followers learning how to be genuine 'fishers of men'.
- Fr Chris Hope



St Francis Xavier Hall

Saturdays 5:00pm

This Weekend's Readings:

Deuteronomy 18:15-20, 1 Corinthians 7:32-35, Mark 1:21-28

Parish News and Events

Watch The Chosen on the big screen with parish friends!

Hoyts Belconnen will be screening Season 4: Episodes 1 and 2 of The Chosen series on 1-4 February at 12:15pm and 6:00pm. Fr Troy will be attending the following sessions:

- ◆ Thursday 1 February at 12:15pm
- ◆ Friday 2 February at 6:00pm

If you would like to join Fr Troy and attend as a parish group—please contact the parish office by phone or email by 12:00pm Tuesday 30 January 2024.



Please keep the following individuals in prayer.....



For those who are sick

Kathy Morris
Elisabeth Faith O'Connell
Caitlin Wigglesworth
Kwang Hui Lim
Grant
Maria Therese Cummins
Gail
Elizabeth
Adriano Cesar Junior
Maria Teresa Meireles
Theresa and Joseph Tan
Cyril Jolicoeur
Bill Honess
Tony Johnston
Jaya Raghwan
Julie Mirfan
Paul Johnston
Edwin Joseph Dsouza
Alan Kay
Sharron Davis
Michelle
Mark Bush
Julie Morgan
Tim Watson
Jim Banks
Barbara Kirk
Vesna Ljubičić
Gaudencio Montaos
Alonso
Rosalind Murphy

Anniversaries

Recently Deceased

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

[Prayer Requests](#)

Children's Sacramental Program 2024



Sacrament of Confirmation

For children in Year 6 and above wishing to receive the Sacrament of Confirmation in 2024. Information sessions will be held on **Tuesday 27 February** at the church.

Please select one of the following enrolment options:

- ◆ Children attending Mother Teresa, Holy Spirit and Good Shepherd Primary schools—enrolment letters were sent to your child or enrol via Compass
- ◆ Children **NOT** attending one of the parish Catholic Primary schools and wish to enrol in the parish program: <https://forms.gle/7Yiz8p5TCp7tjanQ6>

The Sacrament of Confirmation will be celebrated the week beginning 20 May 2024

For more details please contact:

Parish Program: theivani@holyspiritgungahlin.org.au
Parish Catholic Schools: mel.unwin@cg.catholic.edu.au

Anointing Mass 2024

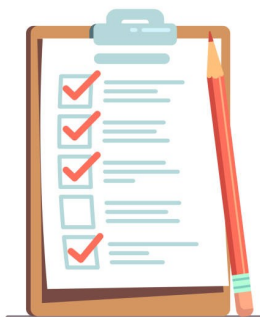
The Anointing Mass will be followed by a morning tea. Please mark your diaries to bring a plate of yummy delights to share. Dates for this year are:

- ◆ 29 February
- ◆ 30 May
- ◆ 29 August
- ◆ 28 November



Rosters!!!

Those on our regular rosters would have received an email this week to notify us about your availability. Please continue to use the online form to let us know if you can help at any particular Mass. If you are not on our rosters currently, please follow [this link](#) to tell us where you would like to help.



Expressions of Interest for Parish Lenten Programs:

Program 1—Wednesday mornings at the church:

Wednesdays 10:00am (first session will be on Thursday 15 February followed by Wednesdays thereafter) — Lenten group using Archdiocese of Wollongong Lenten Guided Program **Pietà**



If you would like to be a part of this Lenten group, please contact theivani@holyspiritgungahlin.org.au so that we can order the right amount of resources.

Program 2—Thursday evenings at the church:

Fr Troy would like to invite interested parishioners to watch a season of *The Chosen* (8 episodes) during lent. The idea is to get together, share a meal, watch two episodes and then discuss the key themes in each episode. The evening would run on Thursdays during lent from 6:00pm-9:00pm.

6:00pm – Pot luck dinner and watching one episode.

7:00pm - get a cuppa / dessert (maybe) and watch second episode

8:00pm - group discussion

9:00pm - close

Please contact theivani@holyspiritgungahlin.org.au if you are interested in joining this lenten group. Fr Troy is very excited to share this with as many parishioners as possible, so we would like to hear from you soon.

Program 3—Tuesday evenings at Joe and Irma Jambor's:

Joe and Irma Jambor would like to invite interested parishioners to join their Lenten group on Tuesdays from 7:30pm—9:30pm at their home. Their group will meet face to face or via zoom. If you are interested, please contact Joe: irmandjoe@gmail.com



A note from the Music Ministry Team New Mass Setting

The music ministry team is excited to announce that we are introducing a new mass setting!

Our previous setting (*Glendalough*) has served us well for about 10 years, and it will be back on special occasions, but we are thrilled to be bringing in a new setting that we feel reflects the youthful nature of our parish, while still being true to the reverence and significance of our liturgy.

The new mass setting, **Mass of a Joyful Heart** by **Steve Angrisano & Tom Tomaszek**, has been chosen carefully by the ministry team. For those who

have attended mass the past couple of weeks, we have already played a couple of the parts like the 'Lamb of God'.

We are enjoying learning these parts and we are looking forward to teaching them to you. Our parish has always sung and prayed beautifully together over the years, and we trust that this will continue as we introduce this new mass setting.

We encourage you to listen, learn, and join us in singing these parts when you're ready.

THE STORY OF AUSTRALIA

The Story of Australia campaign features every day Australians reading an original poem, *The Story of Australia*.

the story of Australia

It's the story of me

It's the story of you

It's the story of we

In parts it is painful

In parts it is raw

In others it's beautiful

Inspiring great awe

It tells of many people

From far and wide

And those who've been here

Since the beginning of time

It brings us together

And tears us apart

We all have our views

So where do we start?

By listening to each other

And sharing our part.

Source: Reflect. Respect. Celebrate
Australia Day 2022 Report



A Prayer for our Country

Father, you reached out by the power of the Holy Spirit, through Jesus your Son to show your love for all creation.

You invite everyone to share in your life made available to us in Jesus.

You established the Church to bring your good news to all people.

Let your Holy Spirit help us to be the presence of your saving love to all.

May that same Spirit help us to proclaim your good news, in a way that is meaningful to people and touches their hearts.

May we, like Mary, Help of Christians, have the courage of the cross, to fulfill the mission you gave us no matter what the cost.

Sharing in his confidence and trust in you, we ask this through your Son, Jesus Christ, our Lord. Amen.

Australian Catholic Bishops Conference, Australia Day

Readings for 4th Sunday in Ordinary Time



Entrance Antiphon | Psalm 105:47

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.

First Reading | Deuteronomy 18:15-20

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.'"

Responsorial Psalm | Ps 94:1-2. 6-9. R. v.9

(R.) If today, you hear his voice,
harden not your hearts.

1. Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord. (R.)
2. Come in, let us kneel and bend low;
let us kneel before the God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand. (R.)
3. O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my
work.' (R.)

Second Reading - 1 Corinthians 7:32-35

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

Gospel Acclamation | Matthew 4:16

Alleluia, alleluia!

A people in darkness have seen a great light:
a radiant dawn shines on those lost in death.
Alleluia!

Gospel - Mark 1:21-28

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

Communion Antiphon

Cf Psalm 30:17-18

Let your face shine on your servant.
Save me in your merciful love.
O Lord, let me never be put to shame, for I call on
you.

or

Matthew 5:3-4

Blessed are the poor in spirit,
for theirs is the Kingdom of Heaven.
Blessed are the meek, for they shall possess the land.

We All Make A Difference

I'm sure sometimes we wonder are we making a spiritual and tangible difference in our world. Well I am here to tell you we can and we do.

Recently our parish craft group's efforts were recognised in Fiji. Our small and dedicated group had been making baby beanies. The beanies were recently delivered to the Neonatal Intensive Care Unit at Lautoka Hospital, Fiji. The beanies help with the care of preemies with regulating warmth, even in a tropical climate. These valuable donations means that over 40 preemies have something to help survive during their 3 to 4 week stay in hospital and a take home for their Mums to help as they grow.

Thank you Parish Craft group. You are true Samaritans and showing how to live a Catholic life.

Attached photo is local Canberra IT expert Ruth delivering the beanies to the Neonatal Intensive Care Unit at Lautoka Hospital.

—Sean Ryan, PPC Chair.



Sr Malti Prasad received the beanies at the NICU Ward.

WE NEED YOUR FINANCIAL SUPPORT

First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. Tap and Go machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. Tap and Go machines or Qkr!



CONNECT WITH US

Parish Priest: Fr Troy Bobbin

Assistant Priest: Fr Eden Langlands

Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: www.holyspiritgungahlin.org.au

Parish Manager: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

P: 0472 921 518

Parish Secretary: Magda Baraniecki

E: office@holyspiritgungahlin.org.au

Office Support: Anne Smart

E: officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): Sean Ryan

E: sean.ryan.cdss@gmail.com

Download our parish app: [Pocket Parish from App Store](#) or [Google Play](#).

Parish Groups

Craft Group | Beth Forshaw
Mondays 1:00pm Parish Office

St Vincent de Paul | Drazen Roginic President
P: 0401 669 301
E: Drazen.Roginic@vinnies.org.au

Call to Connect | Maureen Hilton
M: 0431 123 465

Holy Spirit Prayer Group | Kathy Torcasio 0401 920 028
Wednesdays at 7:30pm in the church

Social Justice Group | Peter Petersen
E: socialjustice.hsp@gmail.com

Legion of Mary | Grace Magbutay
E: office@holyspiritgungahlin.org.au

Youth Ministry | Matthew Allen
E: youth@holyspiritgungahlin.org.au

Young Adult Ministry | Melwyn Monteiro
E: melwyn.monteiro@cg.org.au

Care Group | Sonja Vocisano
P: 0438 699 591

Community Garden Group | Parish Office
E: theivani@holyspiritgungahlin.org.au