



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

28-29 October 2023

30th Sunday in Ordinary Time | Year A



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass

Wednesday

9:15am Mass
6pm Holy Hour and
Reconciliation

Thursday

9:15am Mass

Friday

7:00am Mass
7:30am Morning Beans
12:00pm Mass

Saturday

4:30pm Reconciliation
5:00pm Mass

Sunday

8:00am Mass
9:30am Mass
5:00pm Mass

The Bottom Line

(Matthew 22: 34 - 40)

Moses drew the bottom line for the people of God when he presented the stone tablets to them at the base of Sinai: *Here are ten things you must, and must not do.* Love God, honour your parents; don't steal, kill. Most of us know the commandments well enough to know when we break them, without peeking back at Exodus.

To ask - which commandment of God is the greatest? - is a bit like asking for a hierarchy of evil for future reference. The popularity of lists of sins is that they give us guidelines as to how far we can go in sin before we're over our heads. As Robert Orbin says, most of us would like to be delivered from evil - but would like to keep in touch. The great commandment of Jesus doesn't give us that option. Loving God with heart, soul, and mind is a pretty exclusive commitment. When it comes to monogamy, even if a little infidelity is too much.

**How does your commitment to God measure up against the Ten Commandments?
How does it measure against the love command of Jesus?**

Pray

Love God with all your heart (*gesture to heart*). **Love your neighbour as yourself.**
Love God with all your mind (*gesture to head*). **Love your neighbour as yourself.**
Love God with all your strength (*make a muscle*). **Love your neighbour as yourself.**
We worship God with our whole being (*designate your whole body*). **Love your neighbour as yourself. Amen.**

Ponder

Express your love for God this week in prayer, praise and thanksgiving. Express your love for your neighbour, near and far, in concrete and significant ways. "These two commandments are pegs; everything in God's Law and the Prophets hangs on them".

Kids' Corner

Jesus said, "Love the Lord your God with all your passion and prayer and intelligence. This is the most important, the first on any list. But there is a second to set alongside it: Love others as well as you love yourself". (Matthew 22: 37 - 38)

At Mass, Julia looks at Jesus on the Cross and she's sure she can love Jesus with her whole heart, mind and soul every single day. But when she gets home, Julia won't let her little brother play with her. Later, when her mum asks her to clear the dinner dishes, Julia pretends she doesn't hear. That night, Julia looks back on her day. She realises that some of her action weren't very loving toward Jesus. She tells Jesus she's sorry. She asks for Jesus' help so she can do better tomorrow.

Where do you need Jesus' help? Think about it today, and ask Jesus to be with you. (This is a good thing to do every night before you go to bed.)

Jesus, be with me today. Amen.

www.gpbs.com.au

This Weekend's Readings: Exodus 22:20-26, 1 Thessalonians 1:5-10, Matthew 22:34-40



St Francis Xavier Hall

Sunday Mass

8:30am
2nd and 4th Sunday of
each month

Parish News and Events

- ✱ **Rosary for the Month of October**—Please join in the Rosary after each Saturday 5pm Mass for the Month of October.
- ✱ **The Chosen Discussion Group | Wednesday 1 November at 10:00am.**
All are invited to join Fr Troy to watch a few episodes of Season 2 of The Chosen followed by a discussion group.
- ✱ **RCIA program and Alpha for 29 years + | Parish rooms on Thursdays at 7:00pm.** If you would like to find out more about the program please contact theivani@holyspiritgungahlin.org.au
- ✱ **Morning Beans for Young Adults | Friday 3 November at 7:30am-9:00am -**
Blossoms Café Ngunnawal —spill in at anytime!
- ✱ **Tuesday 31 October 2023 5:30pm-7:00pm | Adult Faith Formation**
Topic for this week: Morality: Virtue, Grace and the Path to Happiness
- ✱ **Car Boot Sale | Sunday 26 November 10:30am—2pm**
\$10 per spot—contact the parish office to book a spot.

ALL SOUL'S DAY, celebrated on 2 November, is a day of remembrance for friends and loved ones who have passed away. The Book of Remembrance will be available in the Church foyer. Please record the names of loved ones who are to be remembered throughout November. November Mass Offering envelopes will be available in the foyer of the Church where you might like to name your departed friends and family. Masses will be celebrated throughout November in their memory. You can leave your envelope on the collection plate at any Mass.

Mass on Thursday 2 November at 9:15am and 7:00pm at the church and 5:00pm at the Gungahlin Cemetery
(near the lake—please bring a chair and do not park on the lawns—plenty of parking spaces and the lake is only a short stroll.)



Community Messages

- ✱ **All Saints Day | Sunday 29 October 2023**
Get dressed as your favourite saint and let's celebrate. Mass at 11am at St Christopher's Cathedral followed by fun activities at Haydon Hall.
- ✱ **ACT Right to Life AGM | Sunday 29 October 2023 1:45pm-3:00pm**
All are invited to attend at Holy Trinity Parish Centre, Curtin. Speaker: Father Warrick Tonkin "The Human Person - From Jesus to Pope Francis". Questions and afternoon tea to follow. Assist catering: actrtlassoc@gmail.com or phone Bev 0418 718 713.
- ✱ **Catholic Ball | Saturday 4 November 7-11:30pm - Southern Cross Club Woden**
Meet other young Catholics (18-40) and support Pregnancy Crisis Centres by attending the James Bond Catholic Ball. Tickets \$85 (4 hour drinks package and canapes). Book at <https://www.eventcreate.com/e/canberracatholicball2023>. Canberra Cathedral Young Adults Facebook group or catholicyoungadults.cbr@gmail.com for more information.
- ✱ **CCR & Archbishop's retreat day | Saturday 4 November at 9am**
The annual Archdiocese Charismatic retreat day will be held at St Christopher's Pastoral Center Manuka. Archbishop Christopher invites all to come together annually for a day of shared vision under his pastoring. Guest speaker Br Lalith Perera from Sri Lanka; added option is on Sunday 5 Nov 11am: talks, BBQ lunch and healing service at 4pm at St Brigid's Dickson. These encouraging talks about the Holy Spirit in our lives are very appropriate for this Year of the Holy Spirit. Br Lalith will also be speaker at the prayer meeting 3 Nov 7pm in the Parish Hall Dickson.

Please keep the following individuals in prayer.....



For those who are sick

Jim Banks
Dorrell Hogan
Kathy Morris
Elisabeth Faith O'Connell
Caitlin Wigglesworth
Kwang Hui Lim
Grant
Maria Therese Cummins
Gail
Elizabeth
Adriano Cesar Junior
Maria Teresa Meireles
Theresa and Joseph Tan
Cyril Jolicoeur
Bill Honess
Ghylanne Chelmiah
Tony Johnston
Jaya Raghwan
Julie Mirfan
Paul Johnston
Edwin Joseph Dsouza
Alan Kay
John Sweeny
Sharron Davis
Michelle
Mark Bush
Salvacion Vargasz
Caroline Galea
Maria Stark

Recently Deceased

Anniversaries

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

[Prayer Requests](#)

PRAY DAILY.
God is easier
to talk than
most people.

QUOTEDAILY.NET

NEEDS OF LAY CATHOLICS TODAY

What do adult lay Catholics need today to help them live a committed Catholic life amid the circumstances of modern society? To find out and to help improve their services to our Archdiocese, the Canberra Circle of The Catenians, an international association of lay Catholics, is conducting an Archdiocesan-wide online survey.

Please help by completing this brief, anonymous, tick-box survey via this URL or QR code. Thank you. <https://www.surveymonkey.com/r/CLTZGMW>



Contact: Phil Murray, President, Canberra Catenians 0419 695 927 or phil13murray@gmail.com



**Community Garden
Come and See!
Join us as we plant
the summer season
crops.**

Volunteers will be there to show you around and explain what we do in the garden.

Sunday 29 October
after 9:30am Mass.
Come and see what
is happening in our
community garden.
Morning tea
available.

Garden Pots and Saucers wanted!

Do you have any pots or saucers that you are not using? Let the community garden group take them off your hands. We are looking for pots of all sizes and particularly large saucers. Please contact Theivani at the parish office or Fiona at fionawilk62@gmail.com.



Vinnies Pantry Donations

Please continue help us to look after our most disadvantaged families by donating much needed food. Our supplies are depleting very fast lately with the increase in cost of living. Please follow [this list](#) for ideas on what to donate.



Making Room to Welcome Friends

If it is true that solitude diverts us from our fear and anger and makes us empty for a relationship with God, then it is also true that our emptiness provides a very large and sacred space where we can welcome all the people of the world. There is a powerful connection between our emptiness and our ability to welcome. When we give up what sets us apart from others—not just property but also opinions, prejudices, judgments, and mental preoccupations—then we have room within to welcome friends as well as enemies.—Henri Nouwen

Holy Spirit Parish Gungahlin

Car Boot Sale

Someone's trash can be your treasure!



\$10 per spot - contact the parish office to book yours.

Sausage sizzle, cakes and coffee available.

**Sunday
26 November
10:30am to 2pm**

**93 Burdekin Avenue, Amaroo
6242 9622 or office@holyspiritgungahlin.org.au**



Alpha

Explore Life Faith Meaning



Becoming Catholic and Questions about Life!

All are invited to join the RCIA candidates to explore our Christian faith through the Alpha program. If you are interested in coming along, please contact theivani@holyspiritgungahlin.org.au

Sessions will be held on Thursdays at 7:00pm at the Parish Office rooms.



By Your Light We See the Light

Psalms 36:9

Learn to see yourself as God sees you.
Learn to value yourself as God values you

05 | NOV | 2023

9.30am - 4.30pm
Mass celebrated by Fr. Emil Milat

**@ St. Brigid's Catholic Church
Dickson**

All are Welcome

Entrance is Free
Lunch will be provided free
or BYO lunch

Conducted by:
 Bro. Lalith Perera
Founder & Spiritual Director
Risen Lord Community Canberra

Scan to register



SCAN ME



Other Programs

Healing Service

Friday, 3 November 2023
7pm - 9pm
St. Brigid's Catholic Church
Dickson

Archbishop's Day for CCR

Theme: Come Holy Spirit
Saturday, 4 November 2023
8.30am - 2.00pm
Haydon Hall, Franklin Street
Manuka

Contact us 0412 310 364 0402 160 401
for more information 0402 651 269



 crlcanberra@gmail.com  risenlordcommunity.com.au  youtube.com/crlaustralia  facebook.com/CRLcanberra

COME HOLY SPIRIT


*Archbishop's Day for Charismatic
Renewal 2023*

Join Archbishop Christopher and Catholics from around the archdiocese for a morning of lively worship, powerful preaching, inspiring testimony and joyful celebration of the Eucharist at the annual Catholic Charismatic Renewal Teaching Day.

NOVEMBER 04TH, 2023 **FROM 8.30 - 2.00PM**


HAYDON HALL, FRANKLIN ST. MANUKA

 Christopher Prowse
Archbishop
The Catholic Archdiocese of
Canberra & Goulburn

Special Guest Speaker
 Lalith Perera
Founder
Community of the Risen Lord

Free BBQ lunch provided

To register for the event
please scan this QR code



SCAN ME

Enquiries
Tim Kirk
tim@clonakilla.com.au or 0404 805 082



PRAYER FOR MY FAMILY

Father,
Thank you for my family.
I pray that you draw them closer to you and
they submit to you with all their hearts and
all their minds.
Help them in all their doings.
Father, you are the only one who knows
what each one of us is going through and
what weighs on us.
I pray that You Oh Lord, will give my family
the strength to overcome whatever
problems that will come their way.
Help anyone fighting a silent battle.
Let them find peace and comfort in You,
Through Jesus Christ our Lord,
Amen
THE GRACEFUL CHAPTER



WITH THANKSGIVING TO ALMIGHTY GOD,
THE ARCHDIOCESE OF CANBERRA & GOULBURN
INVITE YOU TO THE DIACONATE ORDINATION
OF

Mr. Mark Ha

BY THE
MOST REVEREND CHRISTOPHER PROWSE,
ARCHBISHOP OF CANBERRA & GOULBURN

ON

FRIDAY 3RD NOVEMBER, 2023, at 5:00 PM

AT

St. Christopher's Cathedral

Corner of Canberra Avenue and Furneaux St, Forrest ACT 2603.

VISITING CLERGY TO WEAR WHITE VESTMENTS AND
EMAIL ACMR AND WWCC DETAILS TO IPSS@CG.ORG.AU

INQUIRIES PLEASE CONTACT 0455288443 OR EMAIL: MARCOKHOITHANG@GMAIL.COM



KINDLY RSVP BY 25TH OF OCTOBER, 2023.



Holy Spirit Youth Group

Term 4 Dates

Week 2: Oct 22

Week 3: Oct 29

Week 4: Nov 5

Week 5: Nov 12

Week 6: Nov 19

Week 7: Nov 26

Week 8: Dec 3

Week 9: Dec 10

Nerf Gun/Water Fight- bring your friends

Hail Mary Who Does Art in Heaven

Where Art Thou Sport

Glory Be to our Creed for Speed

Craft and Furious

Fatima is a Crafty Place.

The Mystery Channel

Youth + Altar Server Christmas Party

WE NEED YOUR FINANCIAL SUPPORT

First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. Tap and Go machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. Tap and Go machines or Qkr!



CONNECT WITH US

Parish Priest: Fr Troy Bobbin

Assistant Priest: Fr Eden Langlands

Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: www.holyspiritgungahlin.org.au

Parish Manager: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

P: 0472 921 518

Parish Secretary: Magda Baraniecki

E: office@holyspiritgungahlin.org.au

Office Support: Anne Smart

E: officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): Sean Ryan

E: sean.ryan.cdss@gmail.com

Parish Groups

Craft Group | Beth Forshaw

Mondays 1:00pm Parish Office

St Vincent de Paul | Drazen Roginic President

P: 0401 669 301

E: Drazen.Roginic@vinnies.org.au

Call to Connect | Maureen Hilton

M: 0431 123 465

Holy Spirit Prayer Group | Kathy Torcasio 0401 920 028

Wednesdays at 7:30pm in the church

Social Justice Group | Peter Petersen

E: socialjustice.hsp@gmail.com

Legion of Mary | Grace Magbutay

E: office@holyspiritgungahlin.org.au

Youth Ministry | Matthew Allen

E: youth@holyspiritgungahlin.org.au

Young Adult Ministry | Melwyn Monteiro

E: melwyn.monteiro@cg.org.au

Care Group | Sonja Vocisano

P: 0438 699 591

Community Garden Group | Parish Office

E: theivani@holyspiritgungahlin.org.au

Download our parish app: Pocket Parish from App Store or Google Play.