



# Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT  
Supporting and supported by Holy Spirit, Good Shepherd,  
Mother Teresa Primary Schools and St John Paul II College

9-10 April 2022

Palm Sunday of the Passion of the Lord | Year C



## Holy Spirit Amaroo

### Saturday

4:30pm Reconciliation  
5:00pm Vigil Mass

### Sunday

8:00am Mass  
9:30am Mass

### Monday

No Mass  
Office closed

### Tuesday

9:15am Mass

### Wednesday

7:00am Mass

### Thursday

No 9:15am Mass  
No 5:00pm Adoration

### Friday

No 7:00am Mass

See next page for details  
about Holy Week Services



## St Francis Xavier Hall

### Sunday Mass

8:30am  
2nd and 4th Sunday of  
each month

## The Hour of Darkness

Darkness descends on Jesus in the garden, not the tranquil dark of night but the starless gloom of sin. He spoke it so often as he healed those who were physically blind or saw the impenetrable blindness of those who were morally shuttered. Jesus came to bring light and called his followers to be that light for the world. But there are always those who would dash out the light to keep it from illuminating their own moral failures.

Darkness is a comfortable place for sin to dwell, far from exposure to self-examination and reflection. We can't repent the sin we don't see in ourselves. Those aspects of our personalities that are closed and "off limits" for inspection are the very places upon which we most need to shine the light of our faith. The monsters in the dark are the scariest ones. The only thing they fear is the coming of the day.

**About which negative aspect of your personality or behaviour are you most likely to say, "That's just how I am"? How might an encounter with Jesus challenge that assumption?**

Prepare your heart for Holy Week. Take a few minutes each day to sit in silence before the cross. Invite Jesus to illuminate the corners of your life where you're most afraid to go. Ask him to heal your blindness, and to bring you to the light of Easter.

**The whole earth became dark, the darkness lasting three hours – a total blackout. The Temple curtain split right down the middle. Jesus called loudly, "Father, I place my life in your hands!" Then he breathed his last**  
[www.gpbs.com.au](http://www.gpbs.com.au)

Almighty God, as we look to you in reverence, let your gently mercy turn us to you. May your Spirit open our hearts and minds to see you moving in our lives.

The Spirit and The Cross Lenten Reflection 2022



## TODAY'S READINGS

**Readings:** Isaiah 50:4-7, Philippians 2:6-11, Luke 22:14-23:56

**Entrance Antiphon:** Hosanna in the highest! Blessed are you, who have come in your abundant mercy!

**Responsorial Psalm:** My God, my God, why have you abandoned me?

**Gospel Acclamation:** Praise to you, Lord Jesus Christ, king of endless glory! Christ became obedient for us even to death on the cross. Therefore God raised him on high and gave him a name above all other names. Praise to you, Lord Jesus Christ, king of endless glory!

**Communion Antiphon:** Father, if this chalice cannot pass without my drinking it, your will be done. - *Liturgy Help*



# Holy Week 2022

**Holy Spirit Church, Amaroo**

## **Palm Sunday 9-10 April**

Saturday 5:00pm | Sunday 8:00am and 9:30am

## **Reconciliation Service 12 April**

Tuesday 7:00pm (2nd Rite Service)

## **Holy Thursday 14 April**

Mass of the Lord's Supper Thursday 7:00pm

## **Good Friday 15 April**

Friday 9:00am Walking Stations of the Cross

Friday 11:00am Stations of the Cross

Friday 3:00pm Liturgy of the Passion

(Please bring a flower to lay at the foot of the Cross)

## **Holy Saturday 16 April**

Saturday 7:00pm Easter Vigil Mass

## **Easter Sunday 17 April**

Sunday 8:00am, 9:30am

### **St Francis Xavier Church, Hall**

## **Palm Sunday 10 April**

Mass Sunday 8:30am

## **Good Friday 15 April**

Friday 11:00am Ecumenical Stations of the Cross

### **Easter Set Up—How you can help**

These are some tasks that do not require training and anyone can join in!

- ◆ **Candles**—Inserting tea-light candles into holders (400+ candles)
- ◆ **Flowers**—Helping organise flowers collected from Good Friday for church decoration
- ◆ **Cleaning**—general tidy

If you can help with any of the following—we would love to see you on

**Saturday 16 April at 8:00am** in the church!

Thank You!

Flowers Needed!!

If you would like to donate fresh flowers for Easter, bring them along on Saturday 16 April between 8 am-9am. Many thanks.

## The Seven Last Words of Jesus

Taking time to meditate on the seven last words of Jesus is a traditional devotion during Holy Week. Here are the last words spoken by Jesus with their Scripture citations.

You might want to read the passages from your Bible and then ask the Holy Spirit to help you understand what meaning these words have in your life today:



1. "Father, forgive them, for they know not what they do." (Lk 23:34)
2. "Amen, I say to you, today you will be with me in Paradise." (Lk 23:43)
3. "Behold, your mother!" (Jn 19:26-27)
4. "My God, my God, why have you forsaken me?" (Mt 27:46)
5. "I thirst!" (Jn 19:28)
6. "It is finished!" (Jn 19:30)
7. "Father, into your hands I commend my spirit." (Lk 23:46)

### **12 Ways to Make Holy Week More Meaningful**

- ◆ **Think prayer.** If you have to work or go to school during Holy Week, think about how you can incorporate prayer breaks into each day.
- ◆ **Make an additional sacrifice** by fasting and abstaining from meat on Holy Thursday and Holy Saturday in addition to Good Friday.
- ◆ **Don't watch TV** from sundown on Holy Thursday until Easter morning.
- ◆ **Go** to confession.
- ◆ **Set aside** 10 minutes every day to read Passion accounts in the Gospels.
- ◆ Make it a point to **forgive** someone on Good Friday.
- ◆ **Pray** the Sorrowful Mysteries of the Rosary.
- ◆ **Offer up** any pain or difficulties you experience during Holy Week and unite your sufferings with the pain of Christ.
- ◆ **Pray** the Stations of the Cross.
- ◆ **Attend** all of the Triduum liturgies.
- ◆ **Invite** family members, friends and neighbours — especially people
- ◆ who have strayed from the church — to come to church with you.
- ◆ **Volunteer** to help decorate your parish on Holy Saturday for Easter.

## HELPING AT MASS

We are looking for helpers during at all our weekend Masses and special events.

Can you help with PowerPoint, Mass set-up, reading, cleaning, music, singing, children's liturgy, morning tea set up, BBQ or handy work?

If you can help in any way, please complete the [online form](#), by clicking on the link, scanning the QR code or please contact [theivani@holyspiritgungahlin.org.au](mailto:theivani@holyspiritgungahlin.org.au)

We would love to hear from you!



## Garden and Grounds Maintenance

A BIG thank you to everyone who came to the working bee. The weather was very challenging however this great group of people achieved a lot and we appreciate the generosity of all who came to help.



At our Holy Saturday Easter Vigil Mass our RCIA catechumen and candidates will be fully initiated into the Catholic Church and into our faith community. As **Adam, Anisha, Isha, Caitlin, David, Salote and Chris** prepare to receive their respective Sacraments on this special evening, we ask for your prayers for each one of them, for their families and sponsors. We pray for **Lester and Shaun-Leigh** to have safe travels to South Africa and look forward to celebrating their Sacraments upon their return.

## Keep Your Eye on the Horizon

"You're blocking MY sunset!" one man shouted to another, in between furiously laying on the horn. I was tempted to roll down my window and yell, "Well, YOU are ruining MY sunset!" But instead – glancing at the out-of-state number plates on both their cars – I muttered to myself, "Tourists!" It was rude what the first guy did – pulling in front of someone who got to a front row parking spot first on a bitterly cold day when no one was going to get out of their car to watch the sun's spectacular plunge into the horizon. But the wronged man way overreacted.

When you live on the sunset side of a great lake, it's part of the regular rhythm of many to head down to the beach as daylight wanes – even in the winter. It's a beautiful opportunity to settle into God's presence, to marvel at creation, to be humbled and filled with awe that you've been given a gift from the heavens. These two out-of-towners didn't get it.

Competitiveness can make us possessive and oblivious. After all, the disciples were arguing about who was first among them at the Last Supper of all places! I imagine there were average people lining the streets of Jerusalem on Palm Sunday, waving branches, eager for a Messiah, boxing each other out for a better view – and they missed what they were fighting to see.

[www.gpbs.com.au](http://www.gpbs.com.au)

Please keep the following individuals in prayer.....



### For those who are sick

Baby Aarya  
Joan Croker

### Recently Deceased

Mark Williams

### Anniversaries

We include those who are members of our Parish or relatives. Please email contact the parish office or click here to request prayers.

[Prayer Requests](#)

Holy Water  
Will be available  
after  
Easter Masses  
for a gold coin  
donation



# An invitation to walk with Jesus



## Walking Stations of the Cross

Good Friday 15 April 2022 at 9:00am

Assembly area: Holy Spirit Church carpark  
93 Burdekin Avenue, Amaroo

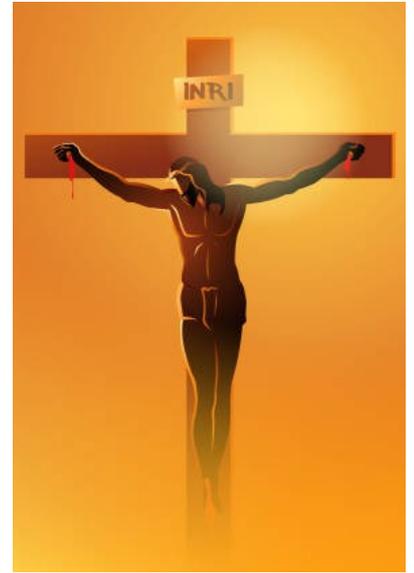
Please wear comfortable clothing and bring an umbrella.



*Holy Spirit Catholic Parish, Gungahlin*

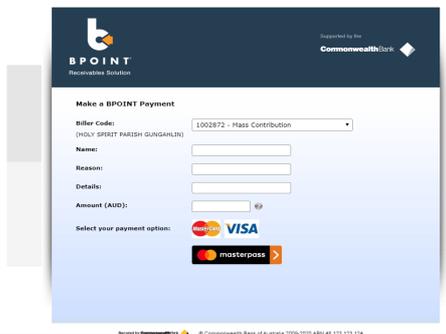
## Duct Tape or a Nail (Fr. Alex) on the role of Divine grace

A man dies and goes to heaven. Of course, St. Peter meets him at the Pearly Gates. St. Peter says, "Here's how it works. You need 100 points to make it into heaven. You tell me all the good things you've done, and I give you a certain number of points for each item, depending on how good it was. When you reach 100 points, you get in." "Okay," the man says, "I was married to the same woman for 50 years and never cheated on her, even in my heart." "That's wonderful," says St. Peter, "that's worth three points!" "Three points?" he says. "Well, I attended church all my life and supported its ministry with my tithe and service." "Terrific!" says St. Peter. "That's certainly worth a point." "One point!?! "I started a soup kitchen in my city and worked in a shelter for homeless veterans." "Fantastic, that's good for two more points," he says. "Two points!?! "Exasperated, the man cries. "At this rate the only way I'll get into heaven is by the grace of God." "Bingo, 100 points! Come on in!" We often try to fix problems with WD-40 and duct tape. God did it with a nail.



## WE NEED YOUR FINANCIAL SUPPORT

Secure Online Payments



### Online Mass Contribution (First and Second Collections combined)

We encourage you to continue to support our parish by making contributions to our First and Second Collections online. Follow the steps below to make a secure online donation.

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Select Biller Code 1002872 – Mass Contribution
3. Enter your payment details.

### Parish Bank Account Details

BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish

## CONNECT WITH US

**Parish Priest:** Fr Mark Croker

**Assistant Priest:** Fr Anthony (Fr Thonn) Riosa, SSS.

### Parish Office and Presbytery

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**Sacramental Coordinator:** Katrina Battilana

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**Youth Minister:** Paris Morris

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**Parish Pastoral Council (PPC):** Alison Weeks

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## Parish App and Parish Facebook Page



*Pocket Parish*  
Holy Spirit Catholic Parish

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with you where  
ever you go!

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