



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

26-27 March 2022

Fourth Sunday of Lent | Year C



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass

Wednesday

7:00am Mass

Thursday

9:15am Mass
5:00pm Adoration

Friday

7:00am Mass
6:00pm Stations of the Cross

Saturday

4:30pm Reconciliation
5:00pm Vigil Mass

Sunday

8:00am Mass
9:30am Mass
5:30pm Mass

Growing Up is Hard to Do

Living with his parents for the boy was never easy. So often he dreamed of moving out; of going to live with his grandparents. He wouldn't exactly say that he hated them, but he thought it often. Now, 40 years later, he knew that this was part of growing up. No family is perfect. Most of his friends had problems and conflicts with their parents.

But at the time he thought he was the only one. After all, no one went around telling their friends how crummy their life was at home. Friends' lives and families always looked so much better than one's own – from a distance.

He thought of running away. "If I run away, they will realise how much they miss me and what kind of parents they are". But he was too chicken to actually do it. He was afraid that if he did, they would find him and his dad would probably kill him.

He doesn't know why or what gave him the idea, but he wrote them a letter. It was a long and convoluted letter: "You never tell me that you love me," was the gist of it.

His mum responded: "We show you that we love you. You've never gone hungry; you've had so many opportunities. We go on summer holidays together. We've never missed any of your concerts or sporting events. Everything we have is yours. We may not say that we love you, but we do, and what's more, we show you".

And it was true. The reason he didn't run away was that his life was not perfect but pretty darn good. His parents gave everything for their children. Now, 40 years later and himself a father, he understands the challenges they faced, and he is grateful for them.

www.gpbs.com.au



St Francis Xavier Hall

Sunday Mass

8:30am
2nd and 4th Sunday of
each month

TODAY'S READINGS

Readings: Joshua 5:9-12, 2 Corinthians 5:17-21, Luke 15:1-3, 11:32

Entrance Antiphon: Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.

Responsorial Psalm: Taste and see the goodness of the Lord.

Gospel Acclamation: Praise and honour to you, Lord Jesus Christ! I will rise and go to my Father and tell him; Father, I have sinned against heaven and against you. Praise and honour to you, Lord Jesus Christ!

Communion Antiphon: You must rejoice, my son, for your brother was dead and has come to life; he was lost and is found. - *Liturgy Help*

Walking in their Footsteps—Week 4 Update

Great support from the Parish for the program over the last three weeks. Your support of the Social Justice Group efforts to take home prayer home is great. I am sure the people of Ukraine were deeply appreciative of your prayer devotion this week. Many of you have been challenged by this week's 'Give it up' target. We thank you for taking on that talent. Finally thanks for the 73kg of donations to the pantry. We are just on target on our way to 375kg at 174kg. **If we keep this up we will exceed our target and be able to help more in our community.**

This week we ask that you:



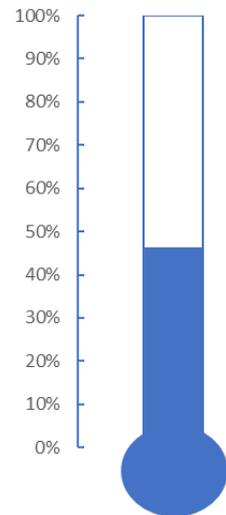
Continue to **pray our Parish prayer each day** and join us for the Holy hour on Thursday and/or Stations of the Cross on Fridays.



This week we ask you to dedicate fasting each day by giving a meal per day and reflect on Jesus' journey in the desert.



Keep up making donations to Caritas' Project Compassion and support the [Parish Vinnies pantry](#). This week we are looking for another 70kg of donations at **Mass**.



Vinnies Food Donations

The Parish's devotion to support our community through faith and good works is a great preparation for the Resurrection.

Lent Week 4 Prayer

God grant that violence be overcome by the power of love,
that opposition give way to reconciliation
and that the desire to oppress be transformed
into the desire for forgiveness, justice and peace...

May peace be in our hearts
so that they are open to the action of God's grace...

May all members of the family community,
especially children, the elderly, the weakest,
feel the warmth of this feast,
and may it extend subsequently to all the days in the year.

Amen.

Source: Laudato Si



Week 4: Rosalie from Congo

Rosalie 44, is an ex-combatant who lives with her husband and seven children in the Democratic Republic of Congo. Forced to join the army when she was just 15-years-old, Rosalie experienced significant trauma and hardship during her years in the military. After she was demobilised from the army, Rosalie, like other ex-combatants, was left to fend for herself in the community.

With your generous support and through our local partners, Rosalie was able to connect with other members of her community and participate in business skills training to help her to reintegrate into society.

Please donate to Project Compassion 2022 and help women like Rosalie to succeed in the future, providing hope For All Future Generations.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.**

You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting caritas.org.au or by calling 1800 024 413.

Help us get our church grounds ready for Holy Week!

Thursday 31 March 2022 between 5:00pm-7:00pm. Come for as long as you can.



Please bring your own tools:

- Tools for weeding
- Whipper Snipper
- Rake
- Secateurs
- Blower Vac
- Anything else that might help

A few dedicated people have been maintaining our grounds over the past couple of months (thank you Steve Bannerman), however we need a few helpers just to do a big tidy in general.

Please contact fionawilk62@gmail.com if you have any questions.

Please keep the following individuals in prayer.....



For those who are sick

Baby Aarya
Katie Charlton
Ronald Robles
Patricia Lebon
Glenn Mowbray
Gabrielle Eagles
Roland Zocchi
Graham Seymour
Mark Williams
Laurie Hancock
Jasna Market-Simpson
Nikola Market
Kathy Morris
Fr Paul Uwedimo
Muhammad Redza
Charlie Prasad
Concepcion Libunao
Lita Libunao
Silvio Market

Recently Deceased

Anniversaries

Bob Conway
Bill Sullivan
Dennis Corrigan

We include those who are members of our Parish or relatives. Please email contact the parish office or click here to request prayers.

[**Prayer Requests**](#)

Power of Forgiveness

'Be kind...forgiving each other...' [Ephesians 4:32](#)

Here are four things you need to know about forgiveness:

1. *Forgiveness doesn't make what happened to you right;* it means you've made a decision not to let it control your life. By forgiving and attempting to restore the relationship, you reclaim your peace of mind. If the other person refuses to acknowledge what happened was wrong, the offence can and should still be forgiven. Forgiveness doesn't depend on the other person; it depends on you.
2. *Forgiveness matters, even when the offending party refuses to admit guilt.* When you wait for someone to admit he or she was wrong, you're placing your future in that person's hands. Forgiveness is first and foremost for your own benefit, not the benefit of others. By forgiving, you're letting the pain and hurt go and moving forward.
3. *Your willingness to forgive can move the other person to seek forgiveness.* Perhaps the person who hurt you doesn't feel they deserve to be forgiven. Or they may know what they did was wrong, but lack the courage to step forward and ask for forgiveness. When you make the first move, it opens the door and allows them to reach out and find mercy and understanding.
4. *Forgiveness is easier when you accept that we all need it.* When you refuse to forgive because you think someone's offences are greater than your own, that's pride. And '*...God opposes the proud but gives grace to the humble.*' ([1 Peter 5:5](#)) The Bible says, '*Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.*' Once you realise the depth of God's grace toward you, it's easier to extend grace to others.



<https://vision.org.au/the-word-for-today/>



Coming Home

Think of a time when you've been unexpectedly, generously, undeservedly forgiven. I remember a dreadful day at university when I hurt my closest friend. Nadine was from a Pentecostal Christian tradition, and I, in a ham-fisted attempt to "defend the faith," told her all about the theological errors as there were abundantly clear to me after twelve years of narrow-minded schooling. (Lucky for me, no one was in the room at the time to point out mine!) This "correction" caused my friend a great deal of pain, since I patently rejected her sincere walk with Jesus. I retired to my room feeling curiously awful about being very "right" about God. Thank God one of us

understood something about the nature of Christianity. Later that evening, Nadine sought me out and put her arm around me. We both cried together about the spirit of self-righteousness that had made me willing to forsake our friendship. You don't make that mistake twice in a lifetime. When you understand the love that's yours in the arms of God, you don't leave home again.

When have you felt like the prodigal son, undeserving of his father's love? When have you been the self-righteous brother, unwilling to welcome the wayfarer home?

Lent is the season to get right with God and others. Only you know the places where your heart is broken. Sometimes we need to reconcile with people who have died. It's never too late to forgive.

Upcoming Events

- * **Stations of the Cross**—Fridays during Lent at 6:00pm.
- * **31 March 2022 9:15am—Anointing Mass** followed by Seniors Morning Tea
All are welcome, please bring a plate to share.
- * **31 March 2022 at 5:00pm—Grounds Maintenance Working Bee**
Come for as long as you can and bring your own tools.
- * **10 April 2022 9:30am—Youth Mass at Holy Spirit Parish**
Please contact the office if you would like to be involved.
- * **11 April 2022 5:00pm—Chrism Mass**
Join the Archbishop and the Clergy of the Archdiocese on Monday 11 April at 5.00pm in St Christopher's Cathedral, Forrest for this most important Holy Week ceremony. It is this Mass that the **Holy Oils** used in the various Sacramental Rites of the Church are blessed and consecrated. Everyone is most welcome.



Volunteers Needed!!

We need your help!

Would you like to help out during the Holy Week? We want to hear from you! Please complete this online form and let us know your availability or contact the parish office. There are lots of ways you can be involved in our special liturgies.

<https://forms.gle/SkgCnjWBmWJqYumZ>

Candlelight Vigil Service

Thank you to everyone who attended the prayer service for peace in Ukraine. It was a very special evening for all those who attended.



HOLY WEEK 2022



PALM SUNDAY 9-10 APRIL

Saturday 5:00pm

Sunday 8:00am and 9:30am (8:30am St. Francis Xavier)

RECONCILIATION SERVICE 12 APRIL

Tuesday 7:00pm

HOLY THURSDAY 14 APRIL

Thursday 7:00pm

GOOD FRIDAY 15 APRIL

Friday 9:00am Walking Stations of the Cross

Friday 11:00am Stations of the Cross

Friday 3:00pm Liturgy of the Passion

(Please bring a flower to lay at the foot of the Cross)

HOLY SATURDAY 16 APRIL

Saturday 7:00pm Easter Vigil Mass

EASTER SUNDAY 17 APRIL

Sunday 8:00am, 9:30am

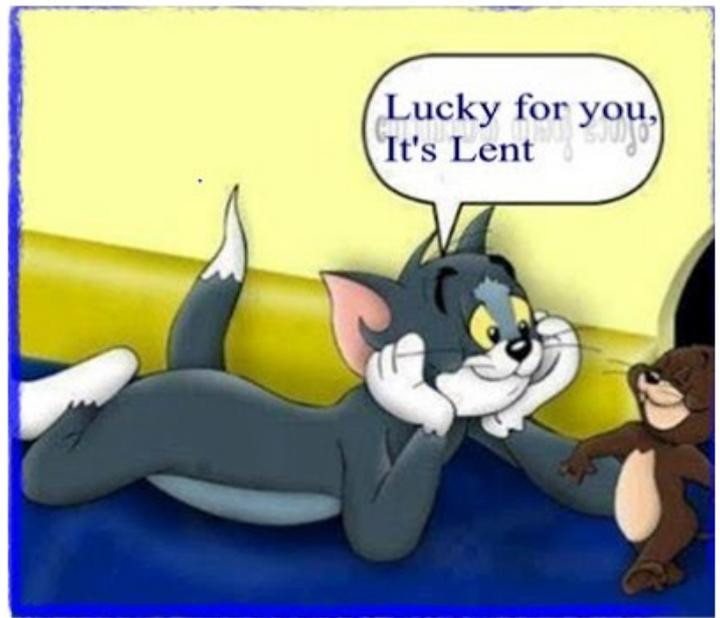


Holy Spirit Catholic Parish

Who Resented The Prodigal's Return?

The Religious Ed teacher was reading this story of the Prodigal Son to his class, clearly emphasizing the resentment the older brother expressed at the return of his brother. When he was finished telling the story, he asked the class, "Now who was really sad that the prodigal son had come home?" After a few minutes of silence, one little boy raised his hand and confidently stated, "The fatted calf."

www.Sermons.com



WE NEED YOUR FINANCIAL SUPPORT

Secure Online Payments

Online Mass Contribution (First and Second Collections combined)

We encourage you to continue to support our parish by making contributions to our First and Second Collections online. Follow the steps below to make a secure online donation.

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Select Biller Code 1002872 – Mass Contribution
3. Enter your payment details.

Parish Bank Account Details

BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish

CONNECT WITH US

Parish Priest: Fr Mark Croker

Assistant Priest: Fr Anthony (Fr Thonn) Riosa, SSS.

Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: www.holyspiritgungahlin.org.au

Parish Assistant: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

P: 0472 921 518

Parish Secretary: Magda Baraniecki

E: office@holyspiritgungahlin.org.au

Office Support: Naomi Johnson

E: officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Sacramental Coordinator: Katrina Battilana

E: sacraments@holyspiritgungahlin.org.au

Youth Minister: Paris Morris

E: youth@holyspiritgungahlin.org.au

Parish Pastoral Council (PPC): Alison Weeks

E: alisonmweeks@bigpond.com

Parish App and Parish Facebook Page



Pocket Parish
Holy Spirit Catholic Parish

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with you where
ever you go!

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