



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

12-13 March 2022

Second Sunday of Lent | Year C



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass

Wednesday

7:00am Mass

Thursday

9:15am Mass
5:00pm Adoration

Friday

7:00am Mass
6:00pm Stations of the Cross

Saturday

4:30pm Reconciliation
5:00pm Vigil Mass

Sunday

8:00am Mass
9:30am Mass
5:30pm Mass



St Francis Xavier Hall

Sunday Mass

8:30am
2nd and 4th Sunday of
each month starting
13 March 2022.

The Darkness and the Light

Jesus and his three best friends climbed the mountain to pray, but Jesus did all the praying. The others napped, exhausted by the climb or bored by the task of praying. And because they slept, they very nearly missed the radiance of the Transfiguration. When they awoke, the glory still lingered around Jesus, not to mention his two unmistakable guests.

But they hardly saw the radiance before being overshadowed by a cloud. Where would you expect God to be found: in the brilliance or the shadow? Actually, God is revealed in both. God's glory is seen in the light, but God's voice is heard in the darkness. How often has this been true in our experience as well? We celebrate God's nearness and blessing in the happy times, at the birth of a child or the marvel of a new snowball. But we can hear God's voice ring out on a bleak city backstreet, and in the season of illness. When we insist on seeing God only in the good times, we find ourselves apparently abandoned when we need God's comforting presence the most. God is with us, in the light and in the darkness.

**Where do you find it easy to experience God's presence in your world?
How might God be present in the "absence," while you've been looking elsewhere?**

Seek God in the light: at sunrise and sunset, in candle's glow, in the radiance of the faces you love. Listen for God's word in darkness: in sickness and worry, when the path before you seems obscure or lonely
www.gpbs.com.au



Stations of the Cross

Fridays during Lent at 6:00pm in the church.

Ash Wednesday Collection

Thank you for your generosity at our Ash Wednesday Mass. We collected \$1175 in total and have donated \$575 to Caritas Ukraine Appeal and deposited \$600 into the parish disaster relief fund.

TODAY'S READINGS

Readings: Genesis 15:5-12, 17-18, Philippians 3:17-4:1, Luke 9:28-36

Entrance Antiphon: Of you my heart has spoken, Seek his face. It is your face, O Lord, that I seek; hide not your face from me.

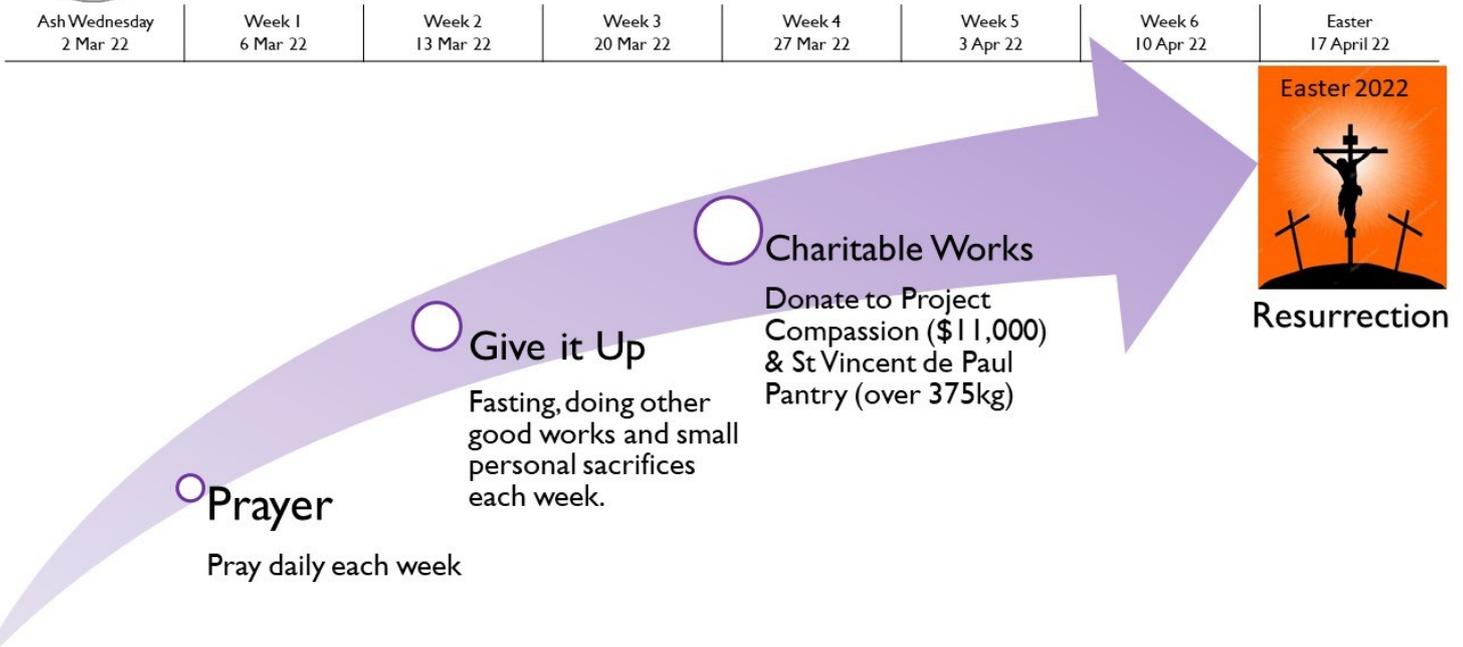
Responsorial Psalm: The Lord is my light and salvation.

Gospel Acclamation: Praise to you, Lord Jesus Christ, king of endless glory! From the shining cloud the Father's voice is heard; this is my beloved Son, hear him. Praise to you, Lord Jesus Christ, king of endless glory!

Communion Antiphon: This is my beloved Son, with whom I am well pleased; listen to him. - *Liturgy Help*



Walking in their Footsteps - 2022 Lenten Program



Living the Walking in their Footsteps Program

Thanks for your support last week. Your enthusiasm with taking the prayer home was much appreciated. We hope you found the sacrifice this week reflective and connecting to Jesus' journey in the desert. Finally, thanks for the **28kg** of donations to the pantry. We are on our way to **375kg**.

This week we ask that you:



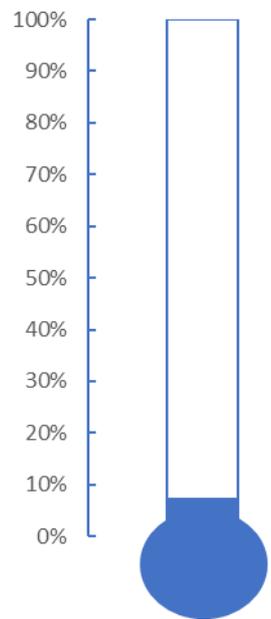
Say our [week two prayer](#) during at Mass and then pray each day of the following week at home. A stretch goal is to set time aside for the Holy hour on Thursday and/or Stations if the Cross on Fridays.



The Give it up activity this week is some fasting. We would like you to dedicate a day to having just have one meal. For many in our community this is a daily reality and by doing this small sacrifice we can walk in their footsteps.



We encourage you to pick up a Caritas' Project Compassion box or envelope to collect over Lent. Also we have started our road to 375kg for the Parish's [St Vincent de Paul Pantry](#). We need more non-perishable donations. **So bring along some cans this week to Mass and let's see if we can pass 80kg this week.** Your support is appreciated and please continue to support us each week as we prepare through faith and good works for the Resurrection.



Vinnies Food Donations

Lent Week 2 Prayer

God of yesterday, today and tomorrow,
we call to mind your presence within us and around us.

Open our ears that we may hear your Word.

Open our hearts that we may understand your Word.

Open our mouths that we may speak your Word.

Inspire us with Your Gospel message,
that we may celebrate all that is life-giving,
restore hope where it has been lost, and work to bring
about change where it is needed.

May we make your love known through our words and actions.

May You reign in our hearts, now and forever.

Amen

Source: Australian Catholic Social Justice Council

Please keep the
following individuals in
prayer.....



For those who are sick

Baby Aarya
Katie Charlton
Ronald Robles
Patricia Lebon
Glenn Mowbray
Gabrielle Eagles
Roland Zocchi
Graham Seymour
Mark Williams
Sr Marie
Laurie Hancock
Jasna Market-Simpson
Nikola Market
Kathy Morris
Heather Hickey
Fr Paul Uwedimo
Muhammad Redza
Charlie Prasad
Gail
Concepcion Libunao
Lita Libunao
Silvio Market

Recently Deceased

Margot Hone
Domenico Costanzo
Carlos Nicolas
Fr Henry Byrne
Jason
Helen Morris

Anniversaries

Jesuita Arteché
Julita Arteché
Philip Newell
Margaret Wilkinson
Bertram Fernandez
David, Patricia, Barbara and
members of the Simpson
family

We include those who are
members of our Parish or
relatives. Please email contact
the parish office or click here to
request prayers.



Week 2: Biru from India

Biru 30, lives in a rural village in Jharkand State in India's east.

He lost mobility in one of his legs, after contracting polio as a child, which makes it difficult for him to walk. With your generous support, Biru was able to access an entrepreneurship and livelihoods development program, run by Caritas Australia's partner, Caritas India. He gained the skills, support and encouragement he needed to establish his own bicycle repair business.

Now, Biru is able to provide a good life for his family – and an essential service to his community. He has discovered a sense of

pride, confidence and hope which has inspired others living with a disability and paved the way **For All Future Generations.**

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.**

You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting caritas.org.au or by calling 1800 024 413.



[Prayer Requests](#)

Candlelight Vigil of Prayer for Peace in Ukraine



All are invited to our Vigil of prayer for Ukraine.

When: Friday 18 March 2022

Time: 6:30pm

Where: Holy Spirit Church

Our prayers can make great things happen! This is an opportunity for us to gather and pray for peace and show our solidarity with the people of Ukraine.

All are welcome, you do not have to be Catholic to come along and light a candle in support of peace.

"When a believing person prays, great things happen." - James 5:16



Top Ten Lenten Promises

Things to Surrender

1. **Grumpiness** – irritability is a choice. We can choose to be grumpy and hang on to our right to be foul-tempered, or we can choose to be pleasant and good humored.
2. **Blame** – when things go wrong, stop looking for a scapegoat. Practice acceptance and responsibility.
1. **Superiority** – A judgmental attitude is like a rotting corpse – it spreads it's bile over everyone in criticism and put downs.
1. **Gossip** – resist taking delight in someone else's failure. Protect their reputation and let the bad news stop with you.
2. **Vanity** – give up self-obsession and the fantasy that the world revolves around you. Start revolving your life around God and you'll find more joy than you ever dreamed.
3. **Self-pity** – everyone has to deal with setbacks and disappointments. Self-pity won't change your circumstances; it just makes you feel powerless.
4. **Resentment** – unforgiveness and resentment hangs over a person's life like dark thunder clouds. It makes your life gloomy and your presence unpleasant. It's not worth the cost.
5. **Tiredness** – if you're always tired, go to bed early. Be self-disciplined and resist the TV, internet or other recreation that steals your sleep. And if you choose not to, then at least stop whining about how tired you are! (Parents of young children exempted!)
6. **Busyness** – you have all the time you could ever need for the things that are important to you. Stop using a lack of time as an excuse for neglecting relationships or your health.
7. **Cynicism** – it's easier to be cynical than it is to be optimistic and hope-filled. Take the path less travelled.

Upcoming Events

- * **Stations of the Cross**—Fridays during Lent at 6:00pm.
- * **11 – March (5:30pm – 6:15pm) “Vigil for Ukraine”**
Vigil for Ukraine is a secular event that is open to all, and a chance to reflect on our hopes for a peaceful Ukraine.

Location: Rotary Peace Bell in Nara Peace Park, Yarralumla. The bell will ring out, and there will have a minutes' silence. Contact jatcanberra@gmail.com or give me a call on 0407212885.
- * **12 March 9:30am-4:30pm— One Day Lenten Retreat**
Venue: St Benedict's Catholic Church, 10 Tallara Pkwy, Narrabundah, ACT 2604, Australia
Admission is FREE, BYO lunch. Boxed lunch available at nominal cost, RSVP by 9th March, 2022 to p1.rebello@gmail.com
For enquiries please contact: Parveen: 0439642571; Winnie: 0451015527; Prakash 0406381446
- * **13 March and 27 March at 6:30pm—Youth Group at Holy Spirit Parish Office**
\$5 per person to cover food—contact Paris—youth@holyspiritgungahlin.org.au.
- * **27 March (10:00am) “St Matthew’s School Page 50th anniversary Mass”**
To mark the occasion an Anniversary Mass will be held at St Matthew's Church. The mass will be held in compliance with COVID regulations. If you would like to attend please call our Front Office on 62542653
- * **3 –April (10:am – 3:00pm) “Holy Trinity Show N Shine”**
In the carpark of Holy Trinity Church, Transfiguration Parish, Strangways Street, Curtin. Organised by the 'Canberra Street Machine Association', the static display of iconic cars will evoke fond memories. Admission is free with donations to support the St Vincent de Paul Society's ongoing relief efforts following the South Coast bushfires.
- * **10 April 2022 9:30am—Youth Mass at Holy Spirit Parish**
Please contact the office if you would like to be involved.
- * **11 April 2022 5:00pm—Chrism Mass**
Join the Archbishop and the Clergy of the Archdiocese on Monday 11 April at 5.00pm in St Christopher's Cathedral, Forrest for this most important Holy Week ceremony. It is this Mass that the **Holy Oils** used in the various Sacramental Rites of the Church are blessed and consecrated. Everyone is most welcome.

Membership of the Archdiocesan Finance Council

The Archbishop extends an invitation to persons of good standing in the community who have the requisite qualifications and experience to nominate for membership of the Archdiocesan Finance Council.

The goal of the AFC is to ensure that the stewardship and administration of the temporal goods of the Archdiocese is in keeping with the spirit of the Gospel, the teaching of the church and the provisions of the Code of Canon Law. Meetings are held every three months with additional meetings as required.

For further information and the lodgement of expressions of interest please contact Ms Helen Delahunty helen.delahunty@cg.org.au

Closure date: 25 March 2022.

International Women's Day

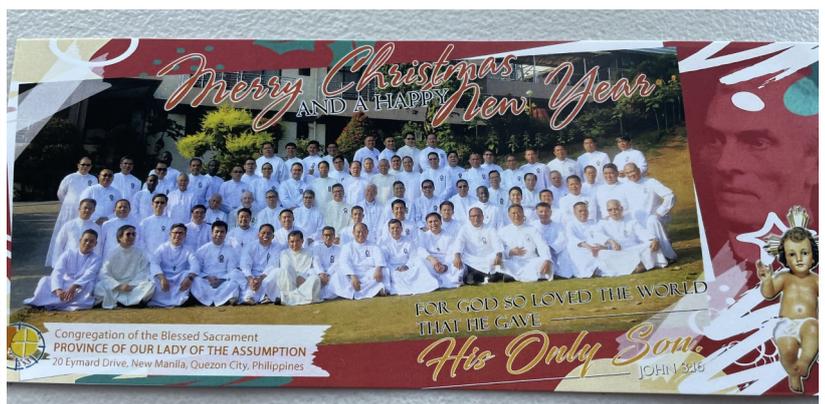


Holy Spirit Parish was well represented at the International Women's Day event hosted by the Archdiocesan Women's Taskforce. Some of those who attended, to listen to an inspiring talk by Sr Clare Condon included: (l-r) Maureen Hilton, Andrea Dean, Leanne Johns, Anne Cantlie, Alison Weeks, Fiona Wilkinson & Geraldine Hornby.

Thank You from the Philippines

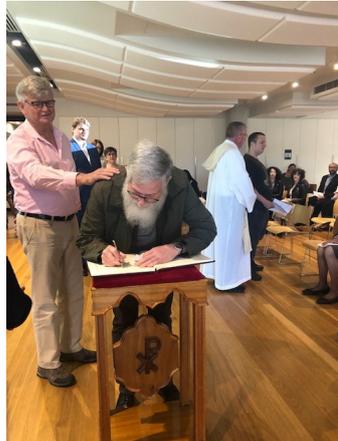
Holy Spirit parish has recently received a lovely card of thanks from Fr Thonn's Congregation of the Blessed Sacrament in the Philippines. Fr Raul dela Cruz, the Provincial Superior and Fr A Bureros SSS, sent us a photo of the congregation, with their thanks, to let us know how much they appreciated the kindness and care which the parish took to encourage Fr Thonn back to full health. While it was an awful experience for him, and one which we wish he had not had to suffer, it was our privilege to care for our friend and pastor as he recovered. Stall well, Fr Thonn! - *Alison Weeks*

On behalf of the Congregation
of the Blessed Sacrament,
Fr Raul dela Cruz, SSS
Provincial Superior
Fr. Aldo Bureros, SSS



RCIA Rite of Elect

On Sunday 6th March 9 of our RCIA people with their supporters went to the Cathedral at Manuka to participate in The Rite of Elect. This means they are committing themselves to becoming a Catholic at the Easter Vigil. They met with Archbishop Prowse and we were very privileged to hear some of their stories. We then attended Mass in the Cathedral. It was a very soulful and prayer filled morning.



Be Transformed

Lent is our mountain top that we go to in prayer to be transformed.

What needs to be transformed in me this Lent? What in my life needs to be touched by the brightness of transfiguration?

When has one of my mountaintop experiences given me the strength to continue to be a person of mercy and compassion?



Pope's Monthly Prayer Intention— March

A Christian Response to Bioethical Challenges

We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

WE NEED YOUR FINANCIAL SUPPORT

Secure Online Payments

Online Mass Contribution (First and Second Collections combined)

We encourage you to continue to support our parish by making contributions to our First and Second Collections online. Follow the steps below to make a secure online donation.

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Select Biller Code 1002872 – Mass Contribution
3. Enter your payment details.

Parish Bank Account Details

BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish

CONNECT WITH US

Parish Priest: Fr Mark Croker

Assistant Priest: Fr Anthony (Fr Thonn) Riosa, SSS.

Parish Office and Presbytery

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Parish App and Parish Facebook Page



Pocket Parish
Holy Spirit Catholic Parish

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with you where
ever you go!

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