



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT

Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

26-27 February 2022

Eighth Sunday in Ordinary Time | Year C



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass

Wednesday

7:00am Mass
7:00pm Mass

Thursday

9:15am Mass
5:00pm Adoration

Friday

7:00am Mass
6:00pm Stations of the Cross

Saturday

4:30pm Reconciliation
5:00pm Vigil Mass

Sunday

8:00am Mass
9:30am Mass
5:30pm Mass



St Francis Xavier Hall

Sunday Mass

8:30am
2nd and 4th Sunday of
each month starting
13 March 2022.

Heart Fruit

How can we develop healthy hearts? First off, clear the decks of all that causes hearts to go rotten: lingering on past injuries, blaming others for who we are now, presuming ill intentions of others, judging according to well-worn prejudices. Unforgiveness has got to go, as well as any hint of self-righteousness.

Then, once our hearts are clean and fresh – I realise I'm glossing over some real hard work here like counselling, confession, grief work, and huge helpings of honesty – only then can we open our hearts to the good things they're intended for. Things like the fruits of the Holy Spirit elsewhere listed as "love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control". (Galatians 5: 22 - 23) If we try to take good fruit in before we discharge any heart-rot we've built up over the years – well, you know how it works with apples. Start with a healed, new-born, and virtue will cling to us like butterflies on flowers. It may sound like an awful lot of work, but what will happen to our hearts if we don't do it?

What kind of heart-work do you need to do to rid yourself of the damage of the past?

Don't let anything keep you from the goodness God desires for you. Take your heart to a specialist: a priest, counsellor, spiritual director, someone who loves you. Let go of what binds you and seek only goodness.

It's who you are, not what you say and do, that counts. Your true being brims over into true words and deeds.

www.gpbs.com.au

Celebrating 25 Years of Ordination to the Priesthood

We pray our gratitude for the gift of Fr. Mark as he celebrates 25 years since his ordination. Through his priestly vocation he contributes to the life of the Church and we experience God's presence in the Sacraments. Lord, set his soul on fire with love for your people. Give him the strength and fortitude to serve you well, and grace him with your blessings and guidance.

TODAY'S READINGS

Readings: Sirach 27:4-7, 1 Corinthians 15:54-58, Luke 6:39-45

Entrance Antiphon: The Lord became my protector, He brought me out to a place of freedom; he saved me because he delighted in me.

Responsorial Psalm: Lord, it is good to give thanks to you.

Gospel Acclamation: Alleluia, alleluia! Shine on the world like bright stars; you are offering it the word of life. Alleluia!

Communion Antiphon: I will sing to the Lord who has been bountiful with me, sing psalms to the name of the Lord Most High. - *Liturgy Help*

Walking in their Footsteps

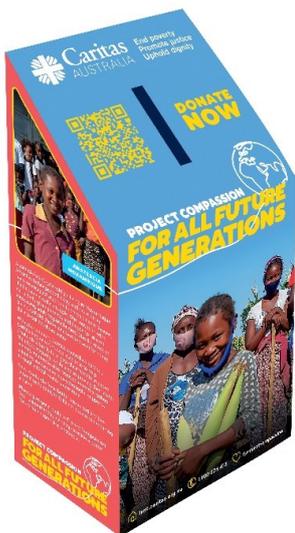
Holy Spirit Parish Lenten Program



Lent begins this week with Ash Wednesday. It is a time of spiritual and practical preparation for the Resurrection. This year we are asking all parishioners to join us in that preparation through our "Walking in their Footsteps" program. The program is built around Mark's gospel (Chapter 6) where Jesus speaks to his disciples about prayer, fasting and almsgiving (charity). Our lenten program aims to give us all both individual and collective, practical, and spiritual activities we can all do each week. Each week we will:

- ◆ Say a prayer during our reflection at Mass and then invite everyone to say this prayer each day of the following week at home and at school. The prayer will be published in the bulletin, through our Social Justice Group and our website/social media.
- ◆ Offer a practical and hopefully meaningful activity (fasting and other good works) for us to "Give Up" each week. These activities will be announced during Mass each week and through the bulletin, notice board and our website/social media.
- ◆ Ask everyone to make a donation (Charitable Works) each week to either **Caritas' Project Compassion** and/or the **Parish's St Vincent de Paul Pantry**. Parishioners, especially our children, will have an opportunity during Mass to bring their donation to the altar for the Pantry. We aim to raise over \$11,000 across the Parish community for Project Compassion and collect about 375 kilograms of non-perishable food donations for the Parish's St Vincent De Paul Pantry.

So join us each week as we prepare through faith and good works for the Resurrection.



The theme of Project Compassion 2022 is **'For All Future Generations'** and reminds us that the good that we do today will extend and impact the lives of generations to come. It invites us to make the world a better place by working together now and finding long-term solutions to global issues. We encourage you to put your compassion into action this Lent through your prayer, fasting and almsgiving by supporting Project Compassion. Each family will receive a Project Compassion box for their donations or you can donate online via the Caritas Australia website at: lent.caritas.org.au

Please keep the following individuals in prayer.....



For those who are sick

Baby Aarya
Katie Charlton
Ronald Robles
Patricia Lebon
Glenn Mowbray
Gabrielle Eagles
Roland Zocchi
Graham Seymour
Helen Morris
Mark Williams
Sr Marie
Laurie Hancock
Jasna Market-Simpson
Nikola Market
Kathy Morris
Heather Hickey
Fr Paul Uwedimo
Muhammad Redza
Charlie Prasad
Gail
Concepcion Libunao
Lita Libunao
Silvio Market

Recently Deceased

Margot Hone
Domenico Costanzo
Carlos Nicolas
Fr Henry Byrne
Jason

Anniversaries

Basil Rose
Clare Johnston
Greg Smith
Basil Hone
Walter Konik
Bibiana Lejano
Benito Lejano
Michael Cransie
Irene Tabada
Tony O'Shea
Jesusita Arteché
Julita Arteché

We include those who are members of our Parish or relatives. Please email contact the parish office or click here to request prayers.

[Prayer Requests](#)

Vinnies Pantry Donations

Thank you so much for responding generously to our pantry call-out. We still need more supplies so please keep them coming.

When it comes to donating to stock our pantry, please note that **SIZE MATTERS...** Our Vinnies team have put together a list to help us donate what will help the grocery recipients best:



- ◆ 500g Dolmino Pasta Sauce
- ◆ 1kg Rice
- ◆ 1kg Weetbix
- ◆ 750g Cornflakes
- ◆ 250g Rolled Oats
- ◆ 200g Instant Coffee
- ◆ 50 bags Black Tea
- ◆ Sugar
- ◆ 420g Baked Beans
- ◆ 420g Spaghetti
- ◆ 425g Soup
- ◆ 420g Peas
- ◆ 420g Peas and Carrots
- ◆ 420g Corn Kernels



- ◆ 420g tomatoes
- ◆ 420g Legumes
- ◆ 420g Creamed Corn
- ◆ 420g Beetroot
- ◆ 425g Tuna
- ◆ 410g Tinned Fruit
- ◆ Hard Taco Shells
- ◆ Bottle of Pancake Mix
- ◆ Muesli Bars
- ◆ Instant Noodles
- ◆ 1 litre Long Life milk
- ◆ Jam and spreads
- ◆ Sweet and Savoury Biscuits



We want to ensure vulnerable families receive food that is nutritious and easy to access in a difficult situation. Therefore when purchasing pantry items please try to avoid the following:

- Junk food
- Items with packaging, which can be broken in transit
- Items that need can openers or special equipment (pop-top cans—whether for veggies, meat or fruit—are a plus)

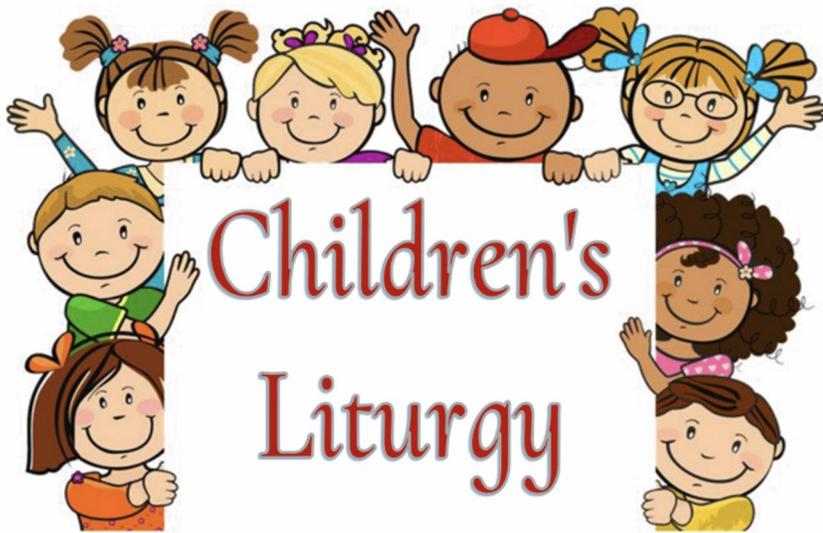
Thank You!!

STATIONS — OF THE — CROSS

Fridays at 6pm
During Lent starting
4 March 2022



Holy Spirit Catholic Parish, Gungahlin



Is back on again and we need your help!

The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others.

Thanks to a few parishioners, we have been able to start the program again this week. However, we are in desperate need of Teachers and Helpers for our youth!

To teach Children's Liturgy we are after volunteers of aspiring teachers looking for more experience, current teachers looking for extra credits, retired teachers who miss the children, or wonderful volunteers who are passionate about teaching the youth about the love of Christ and nourishing the growth of God's spirit within them. We currently have a fantastic group of volunteers, however with extra bodies we will not have to roster volunteers as frequently.

All the resources are prepared and supplied. You simply need to show up and help children understand the week's gospel in an age appropriate way.

Please contact Theivani for more details Email theivani@holyspiritgungahlin.org.au



“You desire truth in the inward being” Psalm 51:6

It is the time to look into our inner selves and reflect on our lives. Are we truly living our lives worthy of the Lord? The Lord invites us all to come and spend some beautiful moments with Him. Come with a heart that seeks repentance and He will guide us to the way filled with His light, joy and peace.

Date: Saturday, 12 March 2022 (9.30am-4.30pm)

Venue: St Benedict's Catholic Church, 10 Tallara Pkwy, Narrabundah, ACT 2604, Australia

Admission is FREE, BYO lunch. Boxed lunch available at nominal cost, RSVP by 9th March, 2022 to p1.rebello@gmail.com

For enquiries please contact: Parveen: 0439642571; Winnie: 0451015527; Prakash 0406381446; Shan: 0412310364; Tom: 0434689957

ASH WEDNESDAY



Holy Spirit Catholic Parish

2 MARCH 2022

7:00AM

Parish Mass (Holy Spirit Church)

7:00PM

Parish Mass (Holy Spirit Church)

93 Burdekin Avenue, Amaroo ACT 2912
6242 9622



ALL WELCOME

INTERNATIONAL WOMEN'S DAY BREAKFAST

Tuesday 8 March 2022

7.30 am - 9.00 am

\$20 Breakfast and barista coffee

7 Bindel Street, Aranda ACT
St Vincents Parish Centre 'Orana'

GUEST SPEAKER: SR CLARE CONDON
TOPIC: WAS IT WORTH IT? FIFTY
YEARS OF ADVOCACY



[Click to Register](#) or phone 0487388873



Welcome to 2022 for youth ministry!!!

We have some awesome things planned for this year and are super keen to get straight back into it. For those of you who don't know me, my name is Paris, I am entering my second year of university where I am studying primary and secondary education. I am hugely passionate about youth faith development and youth involvement within our parish. This is my second year as a youth minister and are hugely keen to continue to share my own faith with others, and to encourage the growth of all within the parish, in particular the youth.



Our youth groups for this term are:

- ◆ 27 February
- ◆ 13 March
- ◆ 27 March

Come along to the parish centre on Sundays from 6:00pm—8:00pm. \$5 per person to cover food. Any questions - email me—Paris at: youth@holyspiritgungahlin.org.au

More information for each youth group will be available soon!!!

YOUTH MASS

10 April 2022 | 9:30am



Four-year-old Robert opened the big bible which had been in his family for years. Absolutely fascinated, he flicked through the old pages. Suddenly, something fell out of the bible. Robert picked up the object and looked at it. What he saw was an old dry leaf that had been pressed in between the pages. 'Mum, look what I've found', the boy called out. 'What have you got there, dear?' With astonishment in the young boy's voice, he answered, 'I think I've found Adam's underwear!'

WE NEED YOUR FINANCIAL SUPPORT

Secure Online Payments

Online Mass Contribution (First and Second Collections combined)

We encourage you to continue to support our parish by making contributions to our First and Second Collections online. Follow the steps below to make a secure online donation.

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Select Biller Code 1002872 – Mass Contribution
3. Enter your payment details.

Parish Bank Account Details

BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish

CONNECT WITH US

Parish Priest: Fr Mark Croker

Assistant Priest: Fr Anthony (Fr Thonn) Riosa, SSS.

Parish Office and Presbytery

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Website: www.holyspiritgungahlin.org.au

Parish Assistant: Theivani Evers

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Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Sacramental Coordinator: Katrina Battilana

E: sacraments@holyspiritgungahlin.org.au

Youth Minister: Paris Morris

E: youth@holyspiritgungahlin.org.au

Parish Pastoral Council (PPC): Alison Weeks

E: alisonmweeks@bigpond.com

Parish App and Parish Facebook Page



Pocket Parish
Holy Spirit Catholic Parish

**Holy Spirit is
with you where
ever you go!**

Download
now from

